



PUNYA FOUNDATION

A N N U A L R E P O R T 2 0 2 0



Contents

From the desk of the chairman	4
Usa activity narrative - 2020	5
Greetings from canada	6
Africa scholarship	7
Women empowerment through micro-finance, africa	7
Scholarship project in nepal: international project	8
Women empowerment through healthy mother healthy child, nepal: international project	8
Celebration of 10 years progress & academic excellence	9
Winter clothes distribution to vulnerable children: project usa and canada	10
Group blood donation	10
Long-life milk donation for frontline firefighters	11
Foundation attends displaced bushfire victims	11
Punya foundation expresses gratitude to frontline health workers	12
Deusi bhailo in adelaide	12
Covid-19 emergency relief package distribution	12
Fundraising multicultural & spiritual programs	13
Durga puja	13
Table tennis tournament	14
Community engagement through dinner and entertainment	14
Virtual deusi bhailo in canada	14
Career counselling: project canada	14
Blanket distribution to homeless people in texas	15
Team queensland	15
Albury wodonga multicultural events (awmce)	16
Establishment of state and country teams	16
Foundation's future vision	16
Donation canada	19
Consolidated total income for 2020: all countries	21
Total expenditure for all countries - 2020	21
Income and expenditure trend	22
Balance sheet for australian bookkeeping	23



Introduction

Punya Foundation is a charity with a mission of Justice through Education and Empowerment. The Foundation holds Deductible Gift Recipient status with Australian Tax Office, 501 (c) (3) with the IRS in the USA and it is registered as a non-profit organization in Nepal, Canada and Ethiopia.

Objectives

- To contribute to the self-reliance and empowerment of the vulnerable and underprivileged children through education
- To seek justice and peace through organisation of adult education, empowerment and relief programs to victims of social injustice, destitute, victims of trauma and violence and poor and widows
- To assist with the successful integration of refugees and migrant communities through organisation of cultural activities, providing psychosocial support, career counselling and job-oriented training programs
- To promote healthy living through health advocacy and organising outreach clinics
- To mobilize resources and extend emergency assistance during natural disasters and calamities

The Foundation's target groups are people who need support to live a dignified life. The Foundation assists underprivileged and vulnerable children with their education and human capacity development. It focuses on welfare of women through social justice like mediation, empowerment and adult education programs. Since a couple of years, Punya Foundation has been providing various community engagement and welfare-oriented programs.

From the Desk of the Chairman



The world is going through an incredibly challenging time with the onslaught of Covid-19 that has perplexed scientists, health care professionals, policy makers and common citizens around the world. Our lives, families' health and safety appear to be under threat and the economies around the world are almost on a standstill. Even during this unusual year, we are here again to present to you yet another year of great achievement that Punya Foundation has crossed in 2020 by extending our program reach and increasing the diversity of program activities. You will see number of new programs that we had never thought of before that we managed to organize in enriching the lives of vulnerable youth, children and families. The foundation has made the presence felt in the communities we live by initiating these creative programs.

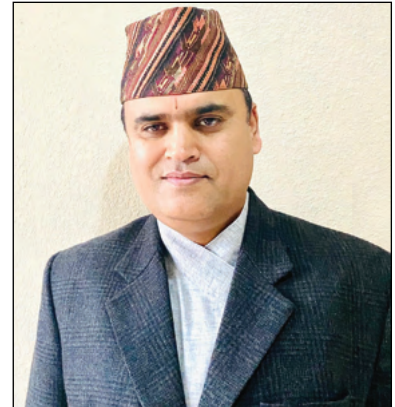
We are grateful to the Bhutanese diaspora communities for suggesting new programming ideas and challenging us to reflect on some of the programs that we have initiated this year. We value constructive criticisms and suggestions from the diaspora community and thank you for your ideas this year as in the past. Please do come forward with your suggestions on the type of educational programs that the foundation may need to take up in the future. The Foundation is highly indebted to the dedicated volunteer board members who had been instrumental in carrying on its work successfully and it is an honour for me to be associated with such a devoted and self-less team of professionals.

To continue building its humble initiatives and dedicated work, the Foundation requires support of Bhutanese diaspora and other well-wishers from broader community. I would like to urge, all those individuals and Bhutanese diaspora organizations, interested in improving the educational level of our marginalized youth and vulnerable people to continue supporting the work of the Foundation. With your support and goodwill gesture, the foundation is steering its educational programming more confidently and strategically.

The Foundation aims for higher aspirations in life inspired by Swami Vivekananda who states 'Education as a process by which character is formed, strength of mind is increased, and intellect is sharpened, as a result of which one can stand on one's own feet'. He further states that take risks and learn from failure. If you win; you may lead. If you lose; you may guide." He suggested helping children learn to assess and take risks and learn from experiences – both wins and losses. The Foundation stands to empower vulnerable people and build capacity of youth through education and engagement programs rooted in the above quotes and ideas of other great thinkers on education. Personally, I believe that quality education is the foundation of nation's development either provided formally or through non-formal and informal means. I would like to urge you all humbly to join hands with Punya Foundation in materializing the aspirations of vulnerable youth and children who cannot meet their educational needs without our support.

Tikaram Adhikari
Chairman and Founding Board Member
Winnipeg, Canada

USA Activity Narrative - 2020



2020 was a difficult year for everyone and it was not an exception for Punya Foundation, USA. We were forced to interrupt some of the regular programs that were being supported for years as the schools were closed indefinitely in Nepal. Nevertheless, we are committed to resume as soon as the schools reopen and start regular operation. We continued our regular meetings and discussed various ways to partner and collaborate in providing the most needed support in a different way.

The yearly scholarship fund that was budgeted for 2020-2021 academic year was diverted to winter cloth distribution in Nepal. Punya Foundation teams from the USA and Canada, with the help of generous donors, contributed \$ 2,100 (\$1550 from the USA and \$550 from Canada), distributed warm jackets, tracksuit, caps, socks and shoes

to 66 vulnerable children - 54 in the Bhutanese Refugee Camp of Beldangi and Sanischare and 12 from the surrounding host communities in Nepal. The identification of the needy individuals and distribution program was made possible and successful with the support of Punya Foundation Nepal, Camp management Committee and Children Forum.

In Texas, hygiene products, toilet papers, face masks and hand sanitizer were distributed to 265 homeless families. Third year in a row, Punya Foundation, USA put a collaborative effort with Help Desperate Needed People and several other local community groups distributed about 495 blankets to homeless people around Dallas and Fort Worth.

Mr Sudip Adhikari

Chairperson

Punya Foundation USA



Greetings from Canada

Hello Everyone

I want to wish everyone a Happy and Healthy New Year 2021. This is always a hopeful time, as we celebrate the end of the year and the beginning of another year. As we all experienced, 2020 was a challenging year marked by unforeseen changes to work and home lives brought by world pandemic; it was also a year of learning lessons for all of us, either at the team or individual levels.

Team Canada successfully organized some activities in 2020. The Foundation received positive support for the Virtual Deusi Program from Coast to Coast and Career Session for post-secondary

students organised in collaboration with NRNA, Canada. Team Canada participated to distribute winter clothes to poor and vulnerable children in Bhutanese Refugee camp in Beldangi and Sanischare and the surrounding host communities in Nepal. This was a collaborative initiative of Punya Foundation USA, Canada and Nepal.

Thank you to all donors, well-wishers and board members for your ongoing support to us. Let us acknowledge these accomplishments, even within difficult times, so that we can move forward together to build a stronger future for our organization and beyond.

Shyam Ghimire

President

Punya Foundation, Canada

INTERNATIONAL PROJECT

1. AFRICA SCHOLARSHIP



Punya Foundation renewed the scholarships of six poor and vulnerable students in Mukadima district in Ethiopia. These students have been on scholarship program since 2015. Punya Foundation, Ethiopia implements the scholarship

- A primary school student with his/her parents struggling to support his/her education
- Recommendation by the local community as a poor child
- A child is motivated to study, and parents are willingness to send their child to school

The beneficiary students received essentials school items such as school uniforms, shoes, stationeries, school fees and in exceptional cases additional

program. Mr. Moti Muleta, Zonal Health Officer of the Zonal Health Department and his team coordinate and oversees the scholarship selection, implementation and monitoring process.

The selection criteria are:

package to support their parents.

2. WOMEN EMPOWERMENT THROUGH MICRO-FINANCE, AFRICA

Micro-finance projects to empower women started in 2013 in Ethiopia. Women victims of rape, sexual assault and domestic violence are the target population for this project. The project aims to empower vulnerable women through income generation activities. Each year five women benefit from the micro-finance support. Under this scheme, Punya Foundation supports programs like running tea and coffee shops, sheep and cattle



rearing and small-scale poultry farming.

Punya Foundation Ethiopia, led by Mr Moti Muleta, implements the project and Dr Lakshmi Prasad Dhakal oversees the project.

The following are some of the achievements of the project.

- Few victimised women obtain sustainable financial status
 - The project beneficiaries have expressed confidence to get back to their community
 - Sheep rearing project is now up-scaled to cattle rearing
-

3. SCHOLARSHIP PROJECT IN NEPAL: INTERNATIONAL PROJECT

- This Project Started in 2010 and expanded further in 2015
 - The main aims of the scholarship project
 - to enable orphan and vulnerable children to go to primary and secondary schools by providing them scholarships
 - to prevent orphan and vulnerable children from physical labour, becoming domestic workers, maidservants and from trafficking for sex trade
 - to support families in desperate conditions and to help them with education of their children
 - Beneficiary districts: Kavre, Sindhupalchok and Dhading
 - Highest capacity: in 2019 there were 132 scholarship recipients
 - Status in 2020: schools remained closed due to COVID-19. Currently, the scholarship project in Nepal is on hold.
 - Future plan: the scholarship project to resume as soon as schools in Nepal open.
 - Capacity: Punya Foundation Nepal is a very capable and motivated team to execute the project.
-

4. WOMEN EMPOWERMENT THROUGH HEALTHY MOTHER HEALTHY CHILD, NEPAL: INTERNATIONAL PROJECT

- Project Started in 2019
- Primary objectives were to provide:
 - Awareness and access antenatal services by rural women
 - Supply essential peri-pregnancy medication
 - Contribute to reduce maternal mortality and infant mortality in rural villages in Nepal
- Beneficiary districts: Lal Khola village in Illam District
- Status in 2020: due to COVID-19, project on hold.
- Future plan: to resume as soon as COVID-19 comes under control

5. CELEBRATION OF 10 YEARS PROGRESS & ACADEMIC EXCELLENCE

On June 20, 2020 marked 10 years of the establishment of Punya Foundation. Though in a small scale, the Foundation has done a lot of work. The Foundation team is proud to celebrate its decade long voluntary work, reflect on its activities and outline future strategies. Coinciding with the World Refugee Day, Punya Foundation organised a multicultural, spiritual, literary and musical program over Zoom.

Mr Tikaram Adhikari (Winnipeg, Canada), chaired the program. Mr Tek Bir Chhetri (Arizona, USA) was the chief guest. The Honourable Jing Lee MLC, Assistant Minister to the Premier of South Australia was the special and honoured guest who sent her best wishes through a video clip. Reverend religious leaders 1008 Shree Basudevacharya, Maharaj Bedanidhi Subedi, 5th Incarnation Telku Rimpoché Kezang Tamang, Kirat Guru Krishna Rai and Pastor Dr Tika Biswa were the special guests. All heads of our community organisations were the guests.



6. WINTER CLOTHES DISTRIBUTION TO VULNERABLE CHILDREN: PROJECT USA AND CANADA

With the resettlement program of the Bhutanese refugees coming to an end, around eight thousand (8,000) registered and non-registered people are still languishing in Beldangi and Sanischare refugee camps in Nepal. Children Forum and camp management committee report that there are around 900 school going children and 60 among them are identified as vulnerable – orphan or with physically or mentally disabled parents. These vulnerable children were reported not having warm clothes to fight the tough winter.

Punya Foundation, Nepal submitted a proposal to Punya Foundation, USA and Canada for winter cloths distribution support. Mr Sudip Adhikari, President Punya Foundation USA and Mr Shyam Ghimire, President Punya Foundation Canada led the fundraising activity and collected US\$ 1550 and CA\$ 550 respectively.

Punya Foundation, Nepal played the role of implementing the program. Mr Mohan Niraula, President Punya Foundation,



Nepal was accompanied by Mr Roshan Niraula to Jhapa and Morang districts from Kathmandu. While Mr Tika Khatiwada coordinated the process in Kathmandu, Mr LN Pokhrel facilitated the implementation of distributing clothes at the ground level.

Winter clothes consisting of tracksuit, a pair of shoes and socks, a cap, and a jacket were distributed to 66 children – 54 from Bhutanese refugee camps and 12 from the surrounding host communities. There were 36 boys and 30 girls among the package recipients. The

distribution was organized on the 15th of December 2020.

The camp secretaries of Beldangi and Sanischare, the camp management committee, community members, member of Children Forum, and the board members of Punya Foundation, Nepal attended the distribution session. Camp secretaries of both the camps expressed their gratitude and wished for continued collaboration in the future. They thanked the donors on behalf of the winter-clothes recipients, their parents and the community.

PROJECT AUSTRALIA

7. GROUP BLOOD DONATION

Coinciding with the Australian day and in collaboration with the Red Cross Lifeblood, the Foundation organised blood and plasma donation program. This is an annual program with a theme - giving back to the wider Australian community.

Majority of the donors were of Nepali speaking Bhutanese people. Punya



Foundation thanks the donors. You could find the details in the following link: <https://www.punyaafoundation.org/group-blood-donation-2020/>

Mr Kashi Adhikari coordinated the blood donation program and he was supported by Foundation's executives Mr Sanman Kafley, Mr Hari Pokhrel and Pundit Santiram Upadhaya Dhakal.

8. LONG-LIFE MILK DONATION FOR FRONTLINE FIREFIGHTERS



When Australia was going through devastating bushfire infernos, Punya Foundation extended its moral support to the frontline firefighters. On 10 January 2020, the Foundation donated 500 liters of long-life milk in Northeast Victoria. The support coincided with Dr Lakshmi Prasad Dhakal's 3-days mission to support victims of bushfire in Northeast Victoria. Ms Maree Delaney, Nursing

Manager and Australian army personals assisted Dr Dhakal with transport and dispatching.

Receiving the donation and expressing gratefulness, Mr Philip Bright, President of Rotary Club in regional Northeast Victoria, assured Dr Dhakal that the milk will reach to the frontline firefighters.

9. FOUNDATION ATTENDS DISPLACED BUSHFIRE VICTIMS



Bushfire Australia, Credit: WWF

South Australia experienced bushfires in different areas. As an emergency rescue and to support those affected by natural

disasters, Punya Foundation team reached to Gawler Sport and Community Centre. More than 200 evacuated people were

taking shelter at the Sport and Community Centre.

The rescue team assisted in evacuation process and distributed water to the displaced people.

The Foundation's volunteers included Mr Kashi Adhikari, Mr Puskar Poudyal, Mr Hari Sharma, Mr Gaurav Sapkota, Mr Frank Furina, Mr Padam Dahal and Mr Hari Pokhrel. Expressing appreciations to emergency response, the Gawler Council thanked the Foundation team. This was one of the relief efforts in a series of support to victims of recent bushfires in Australia.

10. PUNYA FOUNDATION EXPRESSES GRATITUDE TO FRONTLINE HEALTH WORKERS

Punya Foundation reached out to the Modbury and Lyell McEwen Hospitals in July 2020 to appreciate the frontline health workers and to thank them for their service during COVID-19 pandemic. Foundation's volunteers distributed around 600 Nepali vegetarian lunch packages to the health workers.

Ms Kirsty Delguste, the Nursing Divisional Director of Aged Care, Rehabilitation and Palliative Care attended the program at the Modbury hospital and thanked the Foundation team for their goodwill gesture. Ms Helen



Stevens, Executives Director of the Workforce and Human Resources represented the Lyell McEwen executives and thanked Punya Foundation for the recognition and appreciations of

health workers' hard work.

The Foundation team was overwhelmed by the welcome and reception provided by both hospitals.

11. DEUSI BHAILO IN ADELAIDE

Team Australia celebrated Deepawali 2020 organising Deusi-Bhailo program. Under the lead of Mr Kashi Adhikari, Director of Programs, Punya Foundation's Executives including its CEO, Mr Til Chand Sapkota, Director of Finance, Mr Hari Pokhrel and Coordinator, Ms Chandra Subedi attended the Deusi-Bhailo program. Mr Prem Gurung attended the harmonium and Mr Dilli Adhikari and Mr Ashish Baral assisted him. Mr Puskar Poudyal represented Senior Helpers Paradise.

Deusi-Bhailo team were welcomed by Namaste



Supermarket, Jewellery shop, Sam's Continental and two families. The program raised \$1180 (Namaste Supermarket \$270, Chandrakot Jewellery \$280, Sam's Continental and Restaurant \$300, Mr Devi

Charan Sapkota \$ 130 and Mr Hari Sharma \$200).

Councillor, City of Salisbury, Mr Chad Bauchanan graced the program as a special guest and was very appreciative of the Foundation's activities.

12. COVID-19 EMERGENCY RELIEF PACKAGE DISTRIBUTION

Punya Foundation in collaboration with Albury Wodonga Multicultural Community Events (AWMCE) distributed over 300 emergency food relief packages on

December 26 and 27, 2020 at Cube Courtyard in Wodonga. The project was sponsored by the Multicultural Communities Program, CALD Communities Taskforce.

The target groups of the relief project were individuals and families hit hard by COVID-19. The distribution team focused on the migrant communities, international students, elderly

people, aboriginal and Torres Strait Islander and refugees.

The relief package distribution program received a wide attendance of the government representatives, agencies, police department, multicultural community organisations, youth groups, international students and community members.

The AWMCE and Punya Foundation acknowledged and thanked Councillor Graeme Simpfordorfer for his intense engagement. Dr Penny Vine from Murray Valley Sanctuary Refugee Group, Ms Penny Wilson from Albury Wodonga Ethnic Community, Ms Raquel Vogel and Paula from Victoria police helped to make the program successful. Similarly,



Mr Roberta Baker from Albury Wodonga Ethnic Community and Mr Peter Matthews from Albury Wodonga Regional Food Share collaborated and provided assistance.

Punya Foundation is grateful with the AWMCE coordinators Mr Durga Bhattarai and Mr Om Guragai and their volunteers for making the program successful.

13. FUNDRAISING MULTICULTURAL & SPIRITUAL PROGRAMS

- Program started: 2015
- Frequency: Annual
- Aims of the multicultural and spiritual program
 - to generate fund for the education of children who lost at least one of their parents during the earthquakes of 2015 in Nepal
 - to help education of poor and vulnerable children in Nepal and Ethiopia
 - to empower women victims of rape, sexual assault and domestic violence in Ethiopia
 - to engage community members and to promote well-being through cultural and spiritual programs
- Status in 2020: on hold due to COVID-19 restrictions and social distancing



14. DURGA PUJA

Durga puja, one of the Foundation's fund-raising programs remained on hold in 2020 due to COVID-19 restrictions. The program, which used

to be very well received by the community, had the following objectives

- generate funds for education and empowerment projects
- promote elderly community members' engagement, interaction and socialisation and hence address anxiety, depression and isolation
- orient Australian born migrant children on diversity of spirituality programs and to enrich Australian culture

15. TABLE TENNIS TOURNAMENT

Punya Foundation had to put a hold on the table tennis tournament in 2020 due to COVID-19 restrictions. More than 50 players used to

participate in different categories. Table tennis tournament is an activity under the domain of community engagement.

16. COMMUNITY ENGAGEMENT THROUGH DINNER AND ENTERTAINMENT

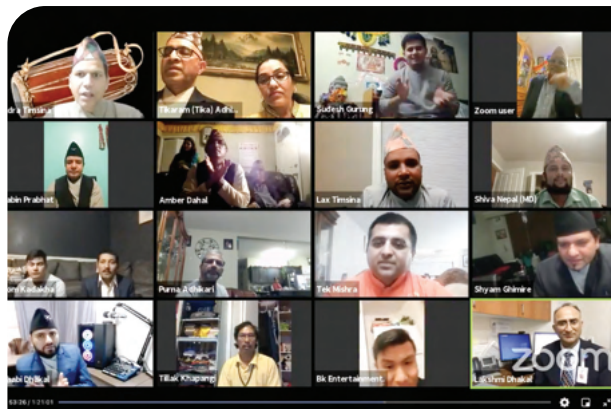
Fundraising dinner was Foundation's annual program to raise funds to support one of its women empowerment projects - "Healthy Mother

Healthy Child Project" in Nepal. In 2020, due to COVID-19 restrictions, the dinner program has remained on hold.

PROJECT CANADA

17. VIRTUAL DEUSI BHAILO IN CANADA

To observe health safety precautions and social distancing, Punya Foundation Canada went creative organising a virtual Deusi Bhailo to celebrate Deepawali 2020. The team managed to connect various provinces, coast to coast. Mr Indra Timsina, Board of Director, Punya Foundation Canada facilitated the entertaining program. Mr Laxmi Adhikari, a schoolteacher back in Panchaoti English School and currently a composer, singer and a social worker was the lead Deusi-Bhailo singer. Mr Chabi Dhakal, Vice president, Punya Foundation, Canada, Mr Tilak Khapangi and Mr Shiva Nepal were others who sang Deusi Bhailo as well, augmenting the program. Mr Timsina traversed Deusi-Bhailo team through a number



of houses in different provinces in Canada and internationally.

18. CAREER COUNSELLING: PROJECT CANADA

Career Session for Post-Secondary Students Sessions

1. Introduction to Career Counselling
Saturday, November 28, 2020
3:00 PM-4:00 PM

2. Resume and Cover Letter Writing
Saturday, December 5, 2020
3:00 PM-4:00 PM

3. Job Search Strategies
Saturday, December 12, 2020
3:00 PM-4:00 PM

For detailed information, please contact at:
gyanendra.pokharel@gmail.com
adhikari.tika@gmail.com

Tika Adhikari
Resource Person
Program and Policy Officer
Government of Manitoba

Gyanendra Pokharel
Coordinator
Assistant Professor
University of Winnipeg

This program is a part of Punya Foundation Activities in Canada & NRNA Canada

Punya Foundation Canada in collaboration with Non-Resident Nepali Association (NRNA) in Canada organized three career counselling sessions this year via zoom for post-secondary students from the Nepalese and Bhutanese community in Canada and beyond. Most participants were from Canada but there were some youths who joined

from the United States and Australia as well. The sessions were coordinated by Dr. Gyanendra Pokharel, Assistant Professor in the Department of Mathematics and Statistics at the University of Winnipeg representing NRNA and facilitated by Tika Adhikari, Chairman of Punya Foundation, who works as a Policy and Program Officer at the Manitoba Government and as an instructor at the International College of Manitoba, on a volunteer basis.

The objective of this career session was to assist recently graduated post-secondary students and job seekers to explore their hidden and transferrable skills, and build a successful career path. Often students who completed their post-secondary and/or university degrees find it very hard entering the job market. Therefore, in these

sessions, the focus was mainly on the importance of career planning and career exploration including needs identification, identifying a suitable career path, harnessing participants' transferable, technical and soft skills gained through their formal education and learnt informally through life and volunteer experiences. Furthermore, the program covered effective resume and cover letter

writing, and successful marketing strategies to assist in entering the job market in their desired fields of training/studies and others. Participants were exposed to the fact that entering a suitable career field is sometimes daunting and complex. The sessions will be organized again in 2021 identifying participants' needs.

PROJECT USA

19. BLANKET DISTRIBUTION TO HOMELESS PEOPLE IN TEXAS

Observing the Christmas Eve, Punya Foundation USA, in collaboration with HDNP, distributed blankets to homeless people in Dallas and Fort Worth. This program is third year in a row.

Mr Sudip Adhikari, President, Punya Foundation USA reported over 700 blankets were distributed to homeless people. He reported that the local community, community based organisations and local agencies very well received the program.

Mr Adhikari appreciates the concerted effort of volunteers and donations from individuals and community-based organisations making the program successful. Mr David



Acharya, President of HDNP, Mr Saroj Sitaula representing Everest Lion's Club, Ms Sambridhi Adhikari and other volunteers worked tirelessly to put a smile on faces of

underprivileged people.

Punya Foundation thanks all donors, organisers and volunteers for their contributions.

TEAM BUILDING & PARTNERSHIP

20. TEAM QUEENSLAND

To further the mission of Justice through Education and Empowerment, Punya Foundation Australia established an inclusive state team in Queensland, Australia on December 22, 2020.

Punya Foundation's long serving volunteer, Mr. Indra Rizal, leads the team as the State Manager. For details, please visit the link:



<https://www.punyaafoundation.org/punya-foundation-state-team-queensland-established/>

The team has so far raised AUD

2,520 in 2020 for the education of vulnerable and disabled children and for the empowerment of women victims of sexual assault and domestic violence.

Punya Foundation, Queensland further commits to support with the education of blind and visually impaired women and girls in Nepal.

21. ALBURY WODONGA MULTICULTURAL EVENTS (AWMCE)

In 2020, Punya Foundation Australia established partnership with the AWMCE. The partnership secured a grant of \$ 20,000 from the Victorian

government and successfully distributed over 300 food relief packages to individuals and families affected by COVID-19 pandemic.

22. ESTABLISHMENT OF STATE AND COUNTRY TEAMS

Punya Foundation is actively consulting with interested individuals in Europe and New Zealand to establish country teams. As in the state of Queensland, team Australia is working to form a state teams in New South Wales, Tasmania and Victoria.



23. FOUNDATION'S FUTURE VISION

The Foundation will give continuity to its current projects

1. The Foundation is expanding its projects in Nepal. In 2021, the Foundation is sponsoring at least five blind and visually impaired women and girls in collaboration with team Nepal and BWAN.
2. In 2021, the Foundation will engage more in provision of relief packages to needy and vulnerable people. It is envisioned that the relief programs are to expand over the years.
3. Networking, collaboration, partnership and career counselling will continue through 2021 and beyond.
4. The Foundation will brainstorm and start activities in Australia following the Federal Government recognising the Foundation as a Volunteer Organisation.



DONATION 2020

INDIVIDUAL DONORS		
DONATION AUSTRALIA		
Names	Address	Amount
Narayan Mishra	Cairns, Queensland, Australia	\$250
Ganga Ram Chauhan	Cairns, Queensland, Australia	\$250
Tulasa Rizal	Cairns, Queensland, Australia	\$200
Arjun Tamang	Cairns, Queensland, Australia	\$200
Hari Maya Paudel	Cairns, Queensland, Australia	\$200
Kamal Rizal	Cairns, Queensland, Australia	\$200
Chandra Mishra	Cairns, Queensland, Australia	\$210
Laxmi Misra	Cairns, Queensland, Australia	\$100
Hari Mishra	Cairns, Queensland, Australia	\$200
Krishna Silwal	Cairns, Queensland, Australia	\$100
Dik Basnet	Cairns, Queensland, Australia	\$50
Nar Maya Khadka	Cairns, Queensland, Australia	\$50
Subash Mishra	Cairns, Queensland, Australia	\$50
Kul Mishra	Cairns, Queensland, Australia	\$50
Yashoda Rizal Katel	Cairns, Queensland, Australia	\$50
Sabitra Basnet	Cairns, Queensland, Australia	\$20
Om Chhetri	Cairns, Queensland, Australia	\$30
Tej Bahadur Gurung	Cairns, Queensland, Australia	\$30
Lal Bahadur Bhujel	Cairns, Queensland, Australia	\$20
Dil Maya Monger	Cairns, Queensland, Australia	\$30
Chabi Lal Rizal	Cairns, Queensland, Australia	\$30
Oma Rizal	Cairns, Queensland, Australia	\$20
Guman Singh Tamang	Cairns, Queensland, Australia	\$100
Lok Nath Adhikari	Cairns, Queensland, Australia	\$10
Tika Maya Rijal	Cairns, Queensland, Australia	\$50
Deo Narayan Dhakal, Bushfire	Adelaide, South Australia	\$405
Goma Dhakal	Adelaide, South Australia	\$200
Santiram Dhakal	Adelaide, South Australia	\$200
Puspalal Dhakal	Adelaide, South Australia	\$200
Lakshmi Prasad Dhakal	Victoria, Australia	\$200
Sashi Dhakal	Victoria, Australia	\$200
Tilchand Sapkota	Adelaide, South Australia	\$200
Rup Lal Bhattarai	Adelaide, South Australia	\$100
Chhatra Bahadur Bhattarai	Adelaide, South Australia	\$100
Purna Bahadur Bhattarai	Adelaide, South Australia	\$100
Ganga Maya Bhattarai	Adelaide, South Australia	\$100
Nanda Lal Bhattaria	Adelaide, South Australia	\$100
Dom Kafley, bushfire relief	Sydney, Australia	\$20

Rita Sasangkar, NRNA	Adelaide, South Australia	\$200
Rishiram Dulal, NRNA	Adelaide, South Australia	\$200
Bipin Joshi, NRNA	Adelaide, South Australia	\$200
Harpreet Singh	Victoria, Australia	\$1,200
Tulshi Guragai	Wodonga, Victoria, Australia	\$200
JN Bhandari	Adelaide, South Australia	\$55
Devi Dulal	Pennsylvania, USA	\$129
PayPal Giving Fund Lot-1	Not Applicable	\$30
PayPal Giving Fund Lot-2	Not Applicable	\$217
Lakshmi Prasad Dhakal (Deusi/ Bhailo)	Victoria	\$715
Sushil Pokhrel	Adelaide, South Australia	\$200
Hari Sharma	Adelaide, South Australia	\$56
Hari Adhikari	Adelaide, South Australia	\$150
Dilli Dahal	Adelaide, South Australia	\$200
Indira Dulal	Adelaide, South Australia	\$21
Dilli Dhakal	Adelaide, South Australia	\$150
FUND GENERATED THROUGH ACTIVITIES		
Deusi Bhailo	Not Applicable	\$1,180
GRANT – FEDERAL/STATE		
State grant	South Australia	\$5,000
COVID-19 Relief Grant	Victoria	\$20,000
Shares/Interest	N/A	\$129
TOTAL		\$34,656

DONATION CANADA		
Names	Address	Amount (CAD)
TIKA RAM ADHIKARI	WINNIPEG, MB	\$130
GANGA RAM KAFLEY	WINNIPEG, MB	\$100
TARA SUBEDI	WINNIPEG, MB	\$100
INDRA SANYASI	WINNIPEG, MB	\$100
SHYAM GHIMIRE	WINNIPEG, MB	\$100
NARAD KATEL	WINNIPEG, MB	\$61
AMBER DAHAL	WINNIPEG, MB	\$50
BIRKHA BDR. DAHAL	WINNIPEG, MB	\$50
BEN SUBEDI	WINNIPEG, MB	\$50
HEM RAJ MAHAT	WINNIPEG, MB	\$50
SURYA BHANDARI	WINNIPEG, MB	\$50
LAXMAN BHUJEL	WINNIPEG, MB	\$50
MON GURUNG	WINNIPEG, MB	\$50
MONU MAHAT	WINNIPEG, MB	\$50
DILLI BANYA	WINNIPEG, MB	\$30
MONGALI BHATTARAI	WINNIPEG, MB	\$30
BAL SANYASI	WINNIPEG, MB	\$30
TEK SAPKOTA	WINNIPEG, MB	\$30
MONI BHUJEL	WINNIPEG, MB	\$30
DAMBER GURUNG	WINNIPEG, MB	\$25
RB BASNET	WINNIPEG, MB	\$25
PRATIMAN SUBEDI	WINNIPEG, MB	\$25
HARKA KHATAWADA	WINNIPEG, MB	\$25
KEWAL BASNET	WINNIPEG, MB	\$25
BAL KHADKA	WINNIPEG, MB	\$25
MANIK GURUNG	WINNIPEG, MB	\$23
HEMA SUBEDI	WINNIPEG, MB	\$20
DIL KUMAR SUBEDI	WINNIPEG, MB	\$20
BAG BIR RAI	WINNIPEG, MB	\$20
SARASWATI GURUNG	WINNIPEG, MB	\$20
LAXMI TIMSINA	LETHBRIDGE, MB	\$51
RUDRA KUIKEL	LETHBRIDGE, MB	\$50
TIKA MAHAT	LETHBRIDGE, MB	\$25
YADU MAHAT	LETHBRIDGE, MB	\$25
INDRA TIMSINA	WINDSOR, OT	\$50
JB SUBEDI	GUELPH, OT	\$20
Total		\$1,615.00

DONATION USA		
Names	Address	Amount (USD)
Bhim Kumari Sapkota	USA	\$150.00
Thomas Thorne	USA	\$250.00
Sha Biswa (Roshan)	USA	\$100.00
Vidhyapati Mishra	USA	\$501.00
Om Rizal	USA	\$25.00
Chabbi Neopaney	USA	\$500.00
Unknown Mishra	USA	\$21.00
Hom Dahal	USA	\$21.00
Padam Neopaney	USA	\$5.00
Nar Pokhrel	USA	\$100.00
Narayan Dhaurali	USA	\$30.00
Prakash Koirala	USA	\$50.00
Durga Budhathoki	USA	\$50.00
Sudip Adhikari	USA	\$350.00
Laxman Bhandari	USA	\$200.00
DFW Yeti Insurance	USA	\$50.00
Tek Mishra	USA	\$200.00
Gyanu Dulal	USA	\$150.00
Total		\$2,753.00

CONSOLIDATED TOTAL INCOME FOR 2020: ALL COUNTRIES

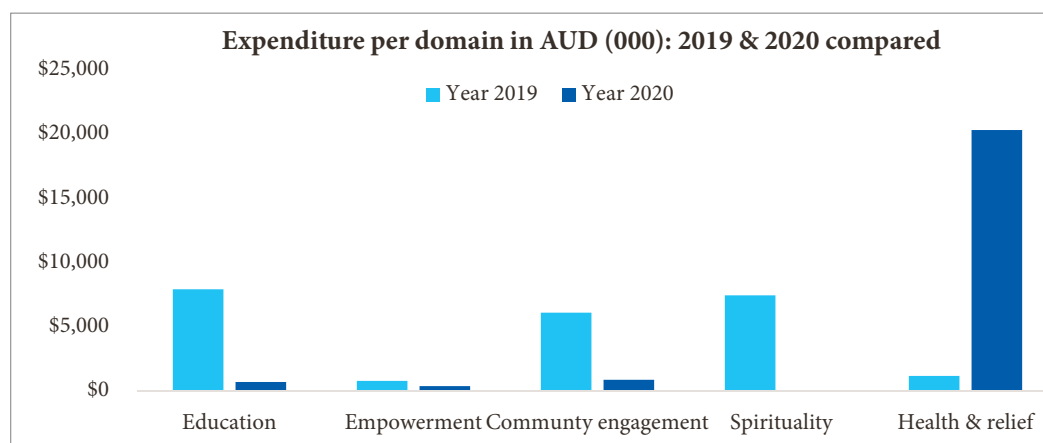
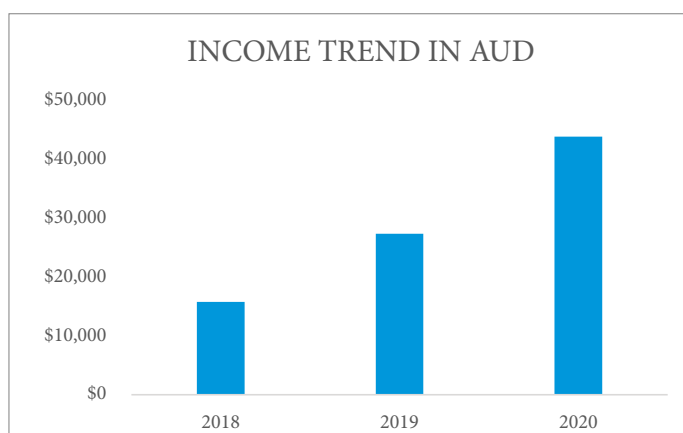
MODALITY	SOURCE	ACTIVITY	AMOUNT EQUIVALENT AUD
Donation, fundraising activities and bequests			
	Individual	Donation in Australia	\$8,347
	Program based		
		Deusi-Bhailo	\$1,180
	Organisational		
		Punya Foundation, USA	\$3,549
		Punya Foundation, Canada	\$1,639
		Punya Foundation, Nepal	\$2,250
Revenue/grant from the government			
	State	South Australia	\$5,000
	State	Victoria	\$20,000
	Federal		\$0
Revenue generated from goods and services			\$0
Revenue from investment			
	Bank interest		\$129
	Shares		\$0
Other revenue			\$0
TOTAL INCOME			\$42,094

TOTAL EXPENDITURE FOR ALL COUNTRIES - 2020

PROJECTS	ACTIVITY	AMOUNT EQ. AUD	REMARKS
Education	Scholarship to vulnerable children, Africa	725	
	Scholarship to vulnerable and orphan children, Nepal	0	Project withheld due to COVID-19
Empowerment	Microfinance project, Africa	400	
	Healthy Women Healthy Child, Nepal	0	Project withheld due to COVID-19
Spirituality	Fundraising multicultural spiritual program	0	Project withheld due to COVID-19
	Durga Puja	0	Project withheld due to COVID-19
Health and relief	Blood donation	53	
	COVID-19 emergency relief package	20000	

	Support frontline health workers	760	
	Bushfire support	324	
	Blanket distribution to homeless people	722	
	Winter clothes distribution in Bhutanese refugee camps and surrounding areas	1998	
	Winter clothes distribution in Bhutanese refugee camps and surround areas	507	
Community engagement	Table tennis tournament	0	Project withheld due to COVID-19
	Moral support to mourning families (2019)	200	
Donation	Bhutan News Service	100	
Administrative	Stationaries and print	0	
	Website - host, domain, maintenance	27	
	Public Liability Insurance	748	
	Banking and wiring fees	0	
	Auditing 2020	0	
	Miscellaneous – year close	75	
Refund City of Salisbury	Surplus amount	905	
Investment	Shares	9981	
Total Expenditure		37,525	

INCOME AND EXPENDITURE TREND



BALANCE SHEET FOR AUSTRALIAN BOOKKEEPING

INCOME 2020			
Donation, fundraising activities and bequests			Amount
	Donation	Individual	\$8,347
	Fundraising	Deusi Bhailo	\$1,180
Revenue/grant from the government			
	State government	South Australia	\$5,000
	State government	Victoria	\$20,000
Revenue generated from goods and services			0
Revenue from investment			
	Bank interest/ shares		\$129
TOTAL INCOME			\$34,656
EXPENDITURE 2020			
Domain	Country/State	Project	Amount
Education	Africa	Scholarship to vulnerable children, Africa	\$725
Empowerment	Africa	Microfinance project, Africa	\$400
Health and relief	South Australia	Blood donation	\$53
	Victoria & NSW	COVID-19 relief	\$20,000
	Victoria	Long life milk, bushfire support	\$324
Community engagement			
	South Australia	Frontline health workers	\$760
Refund	City of Salisbury		\$905
Donation	Australia	Bhutan News Service	\$100
Investment	Australia	Shares	\$9,981
Administrative	Australia	Public liability insurance	\$748
	Australia	Website, stationaries	\$27
	Australia	Miscellaneous	\$75
TOTAL EXPENDITURE			\$34,098
Opening balance 2020			\$23,854
Surplus/deficit 2020			\$558
Closing balance 2020	Com bank + NAB + PayPal	483 + 17625 + 712	\$18,820
Balance (not available for activities)	Shares		\$9,981
Balance (available for activities)			\$18,820



An Imperial Hope

Nawal Khatiwada is a Sydney based artist. Besides his nursing profession, he runs his brushes creating mind boggling, thought provoking and inspiring artworks.

William Shakespeare mentioned, “the miserable have no other medicine but only hope.” Aligning with this assertion, when the world is silenced by COVID-19, Nawal runs his colours with a theme of hope. Mixture and texture. The black colour – symbolising dark, the mixed blend - attenuating, the white - dominating, the orange - horizon, the yellow – confidence and the blue – imposing. All in all; streaks, strips, shreds and drops pour through cracks, fissures and clefts signifying positivity and hope.

Punya Foundation is thankful to Nawal for contributing an artwork for its annual report. This piece of art of its kind is 8th in a row?

Australia

80 Diment Road
Salisbury North, 5108 SA
Tel: +61-882851598
Email: info@punyafoundation.org
Website: www.punyafoundation.org

USA

7916 Salmon Run Way
Fort Worth, Texas
Tel. +1-8178529289
Email: info@punyafoundation.org
Website: www.punyafoundation.org

Canada

44 Avondale Road
Winnipeg
Manitoba
Email: info@punyafoundation.org
Website: www.punyafoundation.org

Nepal

Madhyapur-Thimi-03
Kaushaltar, Bhaktapur
Tel: +977-9851138447
Email: info@punyafoundation.org
Website: www.punyafoundation.org