

ANNUAL REPORT 2019

Justice through

Education and

Empowerment



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Introduction

Punya Foundation is charity established with the mission of Justice through Education and Empowerment. It holds Deductible Gift Recipient status with the Australian Tax Office. Similarly, the Foundation has a 501 (c) (3) status in the USA, a not for profit status in Nepal and Canada.

The target groups served by the Foundation are underprivileged and vulnerable children, victimized women, migrant communities and people affected by natural calamities. Primarily, the Foundation strives for social justice through education, empowerment and community engagement.

Objectives

- ► To contribute to the self-reliance and empowerment of the vulnerable and underprivileged children through education
- To contribute to the self-reliance and empowerment of the vulnerable and underprivileged children through education
- To assist with the successful integration of refugees and migrant communities through cultural activities, providing psycho-social support, career counseling and job-oriented training programs
- To promote healthy living through health advocacy and outreach clinics
- To mobilize resources and extend emergency assistance during natural calamities



FROM THE DESK OF THE CHAIRMAN



What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of life we lead.

It gives me great pleasure to present to you yet another year of great achievement that Punya Foundation has crossed in 2019 by making the Foundation a strong international team. We are continuously relying on the Bhutanese diaspora communities for suggesting new programming ideas based on the emerging needs for vulnerable youths, children and families. Please do come forward with your suggestions on the type of educational and human development programs that the foundation may need to take up in the future. The Foundation is highly indebted to the dedicated volunteers who had been instrumental in carrying on its work successfully and it is an honour to be associated with such a devoted and self-less team of professionals.

To continue building its humble initiatives and dedicated work, the Foundation requires support of Bhutanese diaspora and other well-wishers from broader communities. I would like to urge, all those individuals and Bhutanese diaspora organizations, interested in improving the educational level and capacities of our marginalized youth and vulnerable engagement programs rooted in Paulo eng

people to continue supporting the work of the Foundation. With your support and goodwill gesture, the foundation is steering its programming more confidently and strategically.

Foundation aims higher aspirations inspired by Nelson Mandela who states, "what counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of life we lead". Mandela further states, "Education is the most powerful weapon which you can use to change the world." Similarly the Foundation stands to empower vulnerable people and build capacity of youth through education and engagement programs rooted in Paulor Freire's philosophy of education and capacity building. It believes in Swami Viveka Nanda's philosophy of universal tolerance and respect for humanity,

Tikaram Adhikari

Chairman and Founding Board Member

Winnipeg, Canada

2019 AT A GLANCE

Dear valued volunteers, donors and well-wishers,

Since its establishment in 2010 Punya Foundation has successively progressed in extending the scope of its programs and projects. Australian team has broadened activities under community engagement domain and the USA team is developing its program roots by initiating new programs. When education, empowerment and health relief activities continue as Foundation's international projects; country teams are providing valuable services giving back to the communities they are living in through various other activities. The successive pages shall outline these activities. A brief highlight of program achievements includes;

- Under international programs 130 students in Nepal and 6 students in Ethiopia received scholarships. Five women in Ethiopia received micro-finance support under women empowerment project domain. Twenty-one women in Nepal received peri-pregnancy medical check-up and basic medication support.
- Under country specific programs, Australian team organized varieties of programs, year-round. Some of these programs are multicultural spiritual program, arts activity for children, table tennis tournament and networking through fundraising dinner in Adelaide. Similarly, expressing a moral support to the wider Australian community, the Australian team organized blood donation, water distribution on extreme hot days, provided support to firefighters in New South Wales and emergency relief to victims of bushfire in South Australia. The USA team organized a mental health first aid training program and distributed blankets to homeless people in Texas.

I am indebted to your relentless support, suggestions, volunteering and donations and I express my sincere appreciations. The Foundation looks forward to your continued support. Let us celebrate our success together.



I am indebted to your relentless support, suggestions and I express my sincere appreciations. The Foundation looks forward to your continued support.

Dr Lakshmi Prasad Dhakal MBBS, MD (VU), MD (UvA), FRACP, MPH Founder/Executive Director Victoria, Australia

GREETINGS FROM CANADA

Dear all,

On behalf of Punya Foundation Canada, I wish you and your family a happy, safe and prosperous year 2020. I would like to commend and extend my heartfelt thanks to all Canada team board members and donors who helped us in 2019. Team Canada was able to contribute Canadian dollars 813, amount equivalent to sponsor 5 vulnerable children's education in Nepal. Your contributions and service to Punya Foundation Canada have clearly reflected our mission statement of "a social organisation giving back to the society."



Shyam Ghimire President, Punya Foundation, Canada

Punya Foundation Canada is pleased to welcome Mr Amber Dahal to our team. As a team member, he will be looking after the Foundation's finances. In the new year the Foundation will organize fundraising programs to continue to support education of poor and vulnerable children in Nepal, initiate career counseling for youth and begin elders' program. I am confident 2020 in Canada will be more fruitful and achieve more success. Thank you all for your ongoing support.

REPORT DESIGNER'S PROFILE

Roshan Shankhar (SB) designed the Foundation's annual report 2019. Roshan is one of the aspiring Bhutanese youths booking exemplary carrier success. He holds Bachelor's degree in Information Technology and has earned global certifications; Microsoft Certified Professional (MCP), Citrix Certified Professional (CCP) and VMware Certified Associate (VCA). He is also a Certified SkyWarn Spotter with National Weather Services, USA.

Roshan currently works with Orlando Health in Florida as Engineer of Information Technology. Roshan comes from an average family but with gene rooted in social work. Roshan is the Director of Public Relation for Foundation's USA chapter. His affiliation with the Foundation dates back to 2011 when he played instrumental role in the implementation of the Foundation's program in the Bhutanese refugee camps in Nepal. Praiseworthy was his involvement in organizing cultural program and coordinating with Vidhyapati Mishra in selection of scholarship recipients and implementation of the program.

Roshan volunteers for various social organizations including American Redcross Society.



ARTIST'S PROFILE

Nawal is a registered nurse and advocates for mental health and healing through his artworks. One of the accomplished youth artists, Nawal has been contributing an art for the Foundation's annual report since the last 7 years on an array of diverse themes.

This year, Nawal arts on "from nothing to something". In his art, the bold line speaks about the life of human that it starts from the darkness - nothingness and uncertainty to the life of purpose and brightness. The splashes and blotches tell us ups, downs, turmoils and fatality in our lives. Encounter the challenge, face through the course and walk ahead is the message.

If you want to understand Nawal's complex art techniques, texture and play around colors, please review our previous reports.



PHOTOGRAPHER'S PROFILE

Chak Man Bista was born in Samdrup Jongkhar in Bhutan. He lived in the refugee camps in Nepal for nearly 2 decades. Currently, Chak Man lives in Adelaide with his two children and wife. He is a known friendly face to the Bhutanese community and for his profound interest in games - particularly football and cricket and traveling. Chak Man's academics embraces countries like Bhutan, Nepal and Australia. Chak Man is a resilient and focused personality. He is an established professional photographer and his business operates under the name of Jasmine Vista Photography.

The Foundation is pleased for having Chak Man as a volunteer photographer since its establishment. Needless to mention, the majority of the quality pictures standing out on the Foundation's annual reports and website deserve a due recognition to Chak Man's generosity. The Foundation team is indebted to his ongoing support and wishes Chak Man progress with his photography passion.

INTERNATIONAL PROJECTS - YEAR 2019



continue to get the education.

1. SCHOLARSHIP PROJECT IN NFPAL

Giving continuity to the education of orphans, poor and vulnerable children that started in 2010, in 2019, Punya Foundation provided scholarships to 130 students in Nepal. The beneficiary students are from Kavre, Sindhupalchowk and Dhading districts. The selection criteria have remained same as in our previous annual report.

Aims of the Scholarship Project

- 1. To enable orphan and vulnerable children to go to school by paying their school fees, providing stationery and school uniforms until they complete year 10
- 2. To prevent orphan and vulnerable children from exploitation by building their capacity through education
- 3. To support families in desperate conditions to help them educate their children

In 2019 Punya Foundation provided scholarship to 130 students in Nepal. Orphans, poor and vulnerable children

Scholarships Contributions

Per student cost for the 2019 academic year calculated at 13,935 Nepali currency. The scholarship contribution was as follows:

- Canada team = 5 students in Nepal
- -USA team = 20 students in Nepal
- -Australia team = 35 students in Nepal
- -Nepal team the rest

Implementation and **Monitoring Team**

The scholarship project has a robust implementation and monitoring process. The implementation team consisted of Mr Mohan Kumar Niraula, Mr Sudharsan Simkhada, Mr Tika Ram Khatiwada, Mr Roshan Niraula, Mr Dinesh Niraula and Mr Bishnu Sapkota. Mr Hari Pokhrel, Director of Finance, visited scholarship sites for monitoring and situation analysis.

INTERNATIONAL PROJECTS - YEAR 2019

2. AFRICA SCHOLARSHIP PROJECT

In 2019, Punya Foundation renewed scholarships of six poor and vulnerable students in Mukadima district in Ethiopia. These students have been on scholarship program since 2015. The scholarship program is implemented by Punya Foundation, Ethiopia. Mr. Moti Muleta, Zonal Health Officer of the Zonal Health Department is the coordinator and oversees the scholarship selection, implementation and monitoring process. As in 2018, the selection criteria are:

A primary school student with his/her parents struggling to support his/her education

Recommendation by the local community as a poor child

A child motivated to study and parents willing to send their child to school

The beneficiary students received essentials items for attending schools such as school uniforms, stationery and other items the families could not buy for their children.



3. WOMEN EMPOWERMENT THROUGH MICRO-FINANCE



The Women's empowerment program, through micro-finance project, started in 2013 in Ethiopia. Women victims of rape, sexual assault and domestic violence are the target population of this program. The program aims empowerment of vulnerable women through income generation activities. Currently, five women are benefiting from the micro-finance support. These women run programs such as running tea and coffee shops, sheep rearing and small-scale poultry farming.

The project is implemented by Punya Foundation Ethiopia which is led by Mr Moti Muleta. Dr Lakshmi Prasad Dhakal oversees the project through discussion with the project site team.

The following are some of the achievements of the project;

- The victimized women are empowered by involving them into awareness raising initiatives and education programs. They are also involved in projects that have helped them to have secured sustainable financial status.

INTERNATIONAL PROJECTS - YEAR 2019

4. WOMEN EMPOWERMENT THROUGH HEALTHY MOTHER HEALTHY CHILD

PROJECT, NEPAL

Punya Foundation implemented healthy mother, healthy child project as a pilot program in a remote village of Lal Khola, Illam district, Nepal with the following aims;

Primary objectives

To create awareness among pregnant women of Lal Khola village about the importance of antenatal check-ups and peri-pregnancy health care needs

To distribute basic medication necessary during peri-pregnancy period

Secondary objective:

To contribute to reduce maternal mortality and infant mortality rate in Lal Khola village, in Nepal



Healthy Mother Healthy Child , Peri-Pregnancy Support
Project 2019

Project 2019
Project implementation: Mr Khadga Thapa from Tasmania represented Punya Foundation and Mr. Surya Adhikari the implementing team. Twenty-one women received 5 health check-ups. The project runs through end of December 2019.

Future healthy mother healthy child project: The project is taken positively by the community. The board meeting of the Foundation will review and develop a future strategy to suit the community need.

1. The 5th Multicultural Spiritual Program

For the fifth time in a row, Punya Foundation Australia organized a 3-days, fundraising Multicultural Spiritual Program in August 2019. Honorable Jing Lee, Member of the Legislative Council and Assistant Minister to the Premier attended the program as the chief guest. Mayor Gillian Aldridge from Salisbury, Mayor Glenn Docherty from Playford, representatives from Rotary Club, Lions Club, AMICUS, BAASA, Kirtan mandalis, among others, participated during the program. The major objective of the program was to raise funds to provide scholarships to orphans and vulnerable students in Nepal.

Program highlights

As in the previous years, the program entailed blessing, chanting pious mantras, bhanjan and kirtan and holi hawan. Peace through service and giving was the theme. Five gurus volunteered for different sessions, approximately 50 volunteers rotated to provide service to the crowd of around 850 people. 350 families donated to support education of poor and vulnerable children.

Outcome

Through the program, the well-wishers donated \$8,476

It is one of the most aspired and looked forward program among the elder Hindu migrant community in Salisbury and Elizabeth in SA and Punya Foundation would like to continue organizing and building this program

The program provides exposure to children into cultural diversity and importance of ethnocultural get together.

Future Strategy

The Punya Foundation board intends to continue organizing the Multicultural Spiritual Program in the coming years and involve communities meaningfully.



2. Durga Puja

On 5 October 2019, Punya Foundation Australia organized Durga Puja in Adelaide. Mrs Gillian Aldridge, Mayor of the City of Salisbury attended as the Chief Guest and Mr Glenn Docherty, Mayor of City of Playford was the Very Special Guest. The program was attended by representatives of different community-based organizations, non-governmental organizations and local service providers.

Objectives of Durga Puja

To promote elderly community members' engagement, interaction and socialization and hence address anxiety, depression and isolation of migrant community members through spirituality

To orient Australian born migrant children on diversity of spirituality programs and to enrich the Australian culture

Program Details

Community Engagement and Spirituality through Durga Puja had 3 sessions.

- Spiritual session observed religious proceedings, Puja and a Hawaan
- Formal program inauguration and reception of guests accompanied by cultural showcase opportunity, public speaking for children, Bhajan, Kirtan and Dance.
- Exchange of Vijaya Dashami greetings

The Foundation received \$3,580 as Community Grant from the City of Salisbury, South Australia to organise Community Engagement through Durga Puja and community members provided in kind support including volunteer service.







3. Sports

Punya Foundation Australia organized a table tennis tournament on 27 July 2019 in Adelaide, South Australia. Matches were played in four categories – under 18 years, adult women, adult male and adults above 45 years.

More than 40 players participated in the sports activities. Dipjan Bhandari stood as the winner with Pawan Magar securing the place of runner up among the category under 18 years. Mrs Devi Subedi, Mr Parsu Chauwan and Mr Chida Chauwan were declared winners of women, above 45 years and adult categories; Mrs Sandra Bacon, Mr Robert Bacon and Mr Kashi Nath Adhikari tallied trophies for the runner ups. Mr Sonam Tamang was declared the man of the tournament.

Lions Club of Angle Vale partially sponsored the tournament.

4. Blood Donation

In collaboration with Red Cross, Punya Foundation Australia organized blood and plasma donation program on 26 January 2019 coinciding with the Australian day. The program was organized to express thanks to Australia with a theme of giving back to the community.

Twenty-six individuals of Nepali speaking Bhutanese background and Nepalese living in Adelaide participated in the blood donation program. Gorkhali Production was the media partner.



5. Moral Support to Victims of Bushfire – New South Wales and South Australia

Appreciating service of the volunteer firefighters and to extend moral support to their selfless sacrifice to the community, Punya Foundation Australia supporters reached to Oakdale Rural Fire Brigade base. Sam Pokhrel led a six-man-team representing the Foundation. Rest of the team consisted of Madhav Nepal, Shyam Nepal, Buddha Dabadi, Krishna Gautam and Saroj Bhattarai. Community Puskar Poudyal, of Engagement Officer the Foundation team in Australia helped established contacts coordination.

Dinner packages were distributed to around 25 firefighters. Sam Pokhrel handed over a letter of appreciation to the brigade team. Referring to the





Foundation's supporters, deputy captain of the brigade, Mrs Merrilee Russell said, "they were so welcomed, appreciated brought such happiness". Captain of the brigade, Mr Mick Webber reported, "The stomachs are filled and smiles returning". Oakdale Rural Fire Brigade's Facebook post reads, "Oakdale had a great surprise upon returning to station tonight, we were greeted by members of the Punya Foundation Inc. who provided hot Pizzas and Cold drinks. They have been watching the fire in our area evolve and wished to assist."

Punya Foundation Australia organised a fund-raising drive for a week to support bushfire disaster victims and service providers.

Image source: SputnikNEWS

6. Children's Arts Program

Mrs Ishwara Adhikari organized an art session for children during Durga Puja held at Adelaide on October 5, 2019. Children aged five years through to fifteen participated during the session. It was organized primarily to engage children and to facilitate their parents take part in spiritual programs.

Children engaged and enjoyed the artworks. The session gained appreciations from parents and community members. One of the children who enjoyed the program mentioned, "What a fun. When is the next session going to take place?"

These types of activities enhance cognitive abilities, promote critical thinking and boost intrinsic motivation to the participants and it was highly appreciated in the community.



7. Community Engagement Through Dinner and Entertainment

Punya Foundation Australia organized a fundraising dinner to support the "Healthy Mother Healthy Child Project" in Nepal on April 6, 2019.

In addition to the Foundation's executive and community members, Mr Glenn Docherty, Mayor of City of Playford Council, Councilor Mr Stephen Coppins, Deputy Mayor Mrs Julie Woodman from the City of Salisbury, Mr Robert Bacon, President of Lions Club Angle Vale attended and appreciated the program.

It was an entertaining and spectacular night with Nepali folk music, dances and delicious meals. In addition to generating \$990, the event served as a medium of community engagement, interaction and connection.

8. Hot Days Water Distribution

Punya Foundation Australia organised a series of free water distribution sessions as South Australia hit high temperatures. The principle behind the initiative roots to Righ Veda, the oldest of all philosophies, which describes water as a medicine. Vedic innovation, science and all religions consider water as prime life giver and crucial for all living beings survival.

The water distribution sessions were volunteered by the Foundation's executives and community members. The program also gained support of high officials, among others, Mayor Glenn Docherty from Playford Council and Councillor Steve Coppins. Similarly, Deputy Mayor Cr Julie Woodman, Councillor Shirley Halls and Eryn Halls, President of Rotary Elizabeth attended as volunteers. Namaste Supermarket, Girish Entertainment, Senior Helpers Paradise, Woolworths, Coles and a number of donors contributed to make the program successful.

Hard working volunteers of the day deserving recognition are Mr Hem Adhikari, Mr Dharma Timsina. Mr Laxmi Gautam, Mr Sriman Khatiwada, Mr Sa Mangar, Mr Hari Pokhrel, Mr Puskar Poudyel, Mr Chabilal Dabadi, Mr Hari Sharma, Mr Bhuwani Dhakal and Mr Kashi Adhikari. Children volunteering for the program were Audrey, Edith, Lila, among others.



9. Mental Health First Aid Training in Texas

Punya Foundation, USA organized a mental health first aid training program in Texas on November 12, 2019 to promote the well-being of Nepali speaking migrant population. This program was organized particularly in the ensuing concerns and alarming suicide incidences among the productive age groups of the resettled Bhutanese. The main objective of the training was to develop a pool of first aid mental health workers from a culturally and linguistically diverse community in Texas.

Mr Sudip Adhikari, President of Punya Foundation, USA Chapter, reported that 37 individuals with Nepalese and Bhutanese background participated in the program. Trainers Mr Parankush Subedi and Mr Ashok Gurung were appreciated by the attendees for their knowledge and cultural sensitivity. The trainers covered the common mental health issues faced by the migrant population in the USA.



PARTNERS AND SUPPORTERS



1. Punya Foundation Ethiopia

2019 was a great year for the Foundation for team building and networking. For accountability and efficiency of program implementation, Punya Foundation, Ethiopia was established. The team Ethiopia is led by Mr Moti Muleta as its chairperson and is manned by four other office bearers namely Mr Tesfaye Solomon, Mr Dajene Gonfa, Ms Bachu Barsisa and Ms Gelane Nagasa. Team Ethiopia shall look after Foundation's programs in Africa.

2. The Australian Bhutanese Association Sydney and ABA Youth

Fifth year in a row, the Australian Bhutanese Association Youths (ABA Youths), organised a fun-filled, fund-raising dinner which included Nepali and Hindi dances, inspirational speeches and legendary songs. Through their initiative, ABA Youths have been supporting the education of 10 students in Nepal continuously.

As per the organizers, around 180 individuals attended the program. The community is appreciative of the event. Each year the Australian Bhutanese Association Sydney and ABA Youths donates AUD 1500 and the Foundation is highly appreciative of their commitments.



PARTNERS AND SUPPORTERS

3. Boomerang International Education Services

The Boomerang International Educational Services is an Australia based registered organization. It supports education of 10 children for their primary education in Nepal. Boomerang's Kathmandu based representative Mr Chhetri attended the scholarship distribution in Dhading district this year. The Foundation team is thankful to Mr Aashish Wagley, Director of the Boomerang International Educational Services for his kind support for education of poor and vulnerable children.





4. Non-Resident Nepalese Association

NRNA, South Australia has committed to donate 2,000 AUD to support Foundation's scholarship program. Its South Australia Deputy Coordinator, Mrs Santoshi Gautam announced the commitment during Multicultural Spiritual Program. NRNA, Netherlands also collaborated with the Foundation in the past.

5. Cairns Bhutanese Community

Mr Indra Rizal and Mr Narayan Mishra establish a goodwill group among the resettled Bhutanese community in Cairns, Queensland in Australia. The group is developing mechanisms to generate funds to provide scholarships to at least 5 students in Nepal.

6. Lions Club of Angle Vale and Rotary Club

Punya Foundation Australia conducted a number of activities in collaboration with Lions Club of Angle Vale and Rotary Club. Programs gaining appreciations, among others, were table tennis tournament and free water distribution during the hottest days in South Australia.

7. City of Salisbury and Playford Councils

Throughout 2019, Punya Foundation Australia gained trust, support and encouragement from the City of Salisbury Council and Playford Council. Mayors and their teams not only attended Foundation's program in Australia but expressed commitments for their continued support for the work of the Foundation.

AUSTRALIA CHAPTER





Australian team reviews its program

- The executive meeting of Punya Foundation Australia decided to priorities its fund allocation. The team Australia had been donating a small amount to be eaved families living in Adelaide. The executives meeting decided to withdraw the existing blanket donation and go for a need-based support.
- Similarly, the executive meeting of Punya Foundation Australia decided to brainstorm and expand its presence in Australia. These discussions will be continued in the next year and programs initiated accordingly.

Future strategy

- 1. Punya Foundation Australia will develop 5-year strategic plan analyzing achievements, successes, areas of needs and challenges ahead
- 2. Establish International Board of Directors that ailed to happen in 2019 due to numerous activities and work commitments. The stalled progress will recommence in 2020.
- 3. To continue to promote and engage local communities in each country where the Foundation has its base
- 4. Give continuity to current projects and promote youth creativity
- 5. Review programs and ongoing projects and brainstorm for sustainable fund generation.

Australia, Donors, Multicultural and Spiritual Program 2019

Name of donor	Address	Amount AUD		Name of donor	Address	Amount AUD
Ambika + Indira Dulal	Elizabeth Vale	55		Chhatra Karki	Salisbury Park	40
Ambika Bhandari	Elizabeth	10		Chitra Rekha Rimal	Elizabeth Down	10
Arjun Niroula	Brahma Lodge	20		Dambar Kri Niroula	Smithfield Plains	15
Bal Bdr Bista	Elizabeth Vale	5		Damodar Niroula	Smith Field	51
Bal Krishna Dhakal	Salisbury	21		Deepak Dhamala	Adelaide	50
Bal Mukunda Subedi	Salisbury	25		Deganath Senyash	Braham Lodge	20
Bala Ram Khadka	Salisbury North	20		Deo Khanal	Elizabeth Vale	10
Bali Ram Dahal	Salisbury north	20		Deo Maya Khatiwada	Salisbury Downs	25
Beda Bista	Salisbury Down	15		Deo Maya Subbedi	Salisbury	11
Benu Adhikari	Salisbury Plain	50		Deo Naryan Dhakal	Brahma Lodge	50
Bhagaat Bheti	Mandav	366		Deodutta Gautam	Salisbury Down	51
Bhakti Chuwan	Salisbury	20		Devi Charan Dhungel	Elizabeth	62
Bhojanam Asapal	Brahma Lodge	10		Devi Maya Gautam	Paralowie	10
Bhola Adhikari	Burton	20		Devi Pokhrel	Burton	50
Bhuwaneyswar Sharma	Phynam	150		Dhakal Family	Salisbury North	1000
Bhuwani Prasad Dahal	Salisbury East	21		Dhanmaya Basnet	Salisbury	52
Bhuwani Prasad Gautam	Elizabeth Vale	25		Dharma Adhikari	Salisbury North	150
Bishnu Kumari Sharma	Salisbury	20		Dharma Timsina	Elizabeth	25
Bishnu Maya Dahal	Salisbury	51		Dikchhaya + Divya Gatuam	Brahma Lodge	22
Bishnu Maya Khadka	Salisbury	20		Dil Subedi	Elizabeth Vale	10
Chabilal Dabadi	Salisbury	44		Dilli (Dinesh) Adhakari	Salisbury Park	51
Chandra Kri Niroula	Smithfield Plains	15		Dilli Ram Adhikari	Munno Para	21
Chandra Lal Chapagain	Elizabeth Vale	10		Dilli Ram Dahal	Salisbury	25
Chandra Subedi	Munno Para Downs	50		Dilli Ram Gautam	Paralowie	32
Chatra Chhetri	Elizabeth Vale	15	20	Dilli Ram Ghimirey	Burton	20

Australia, Donors, Multicultural and Spiritual Program 2019

Name of donor	Address	Amount AUD	Name of donor	Address	Amount AUD
Divya Adhikari	Salisbury Downs	5	Jai Narayan Bhandari	E lizabeth Vale	50
Ganga Bdr Poudel	Hillbank	20	Jayden Dhamala	Penington	30
Ganga Dhar Khanal	Salisbury North	25	Jevan Koirala	Paralowie	20
Ganga Maya Koirala	Paralowie	5	Kala Dhungel Subedi	Salisbury Downs	20
Gangaram+Kunta Khatiwada	Salisbury North	25	Kala Maya Dahal	Salisbury	70
Ganga Ram Adhakari	Brahma Lodge	21	Kamal Bajgai	Salisbury North	30
Ganga Ram Dhakal	Birtamod Nepal	50	Kamal Dahal	Salisbury Plain	25
Gangaram Bhattarai	Salisbury	51	Kamal Panday	Salisbury	15
Garga Khaseng	Elizabeth Vale	25	Kamala Ghimire & family	Salisbury Down	20
Gillian Aldaildge	Mawson Lakes	40	Kashi Adhakari	Salisbury	50
Gobardhan Khadka	Elizabeth Vale	20	KB Nepal	Salisbury	55
Goma Dhakal	Munno Para West	20	Kedar Chapagai	Salisbury	55
Govinda Bhattarai	Salisbury	20	Keshab Bhandari	Elizabeth East	257
Govinda Ghimirey	Salisbury	51	Keusal Chuwan	Salisbury North	25
Govinda Khanal	Elizabeth	10	Khada Nanda Ghimirey	Salisbury Downs	20
Guman ? Chuwan	Salisbury North	20	Khadnanda Bhattrai	Burton	15
Hari Adhikari	Parafield	25	Khem Adhikari	Salisbury Downs	20
Hari Maya Gajurel	Elizabeth Vale	10	Khem Lal Subedi	Elizabeth South	20
Hari Pokhrel	Salisbury North	50	Khem Parsad Subedi	Elizabeth South	15
Hari Sharma	McDonald Park	55	Khina Maya Dahal	Salisbury North	51
Harka Poudel	Elizabeth Grove	20	Kinjal Timsina	Salisbury	15
Himal Rai	Elizabeth Vale	50	Kopila + Indra Dulal	Salisbury Plains	151
Indra Adhikari	Burton	20	Krishna Chapagain	Moonapara	15
Indra Maya Bista	Elizabeth Vale	20	Krishna Dabadi	Blakeview	20
Indra Rizal	Cairns	100	Krishna Kumari Acharya	Salisbury Park	40

Australia, Donors, Multicultural and Spiritual Program 2019

Name of donor	Address	Amount AUD	Name of donor	Address	Amount AUD
Kula Chandra Bhandari	Salisbury Downs	30	Nanda Lal Dahal	S alisbury	25
Kunti Maya Dahal	Paralowie	25	Narad Dahal	Salisbury	21
Kushal Subedi	Salisbury Down	20	Navevyan+Keshabi Bhattari	Salisbury	51
Lal Rai	Munno Para West	30	Nilkumar Sirwal	Elizabeth Vale	10
Laxmi Dahal	Salisbury Park	50	NRNA (commitment)	South Australia	1400
Laxmi Pnd Bajgai	Salisbury Plain	20	Pabitra Bhattarai	Salisbury Plane	21
Leela Timsina	Salisbury	51	Pabitra Chamlagai	Elizabeth	15
Lekh Nath Bhandari	Elizabeth Grove	30	Padam Chuwan	Salisbury North	15
Lila Guragain	Salisbury	50	Padam lal Timsina	Elizabeth Vale	10
Lila Subedi	Salisbury	51	Pashupati Siwakoti	Elizabeth Grove	20
Lok Poudyel	Salisbury	25	Prajapati Timsina	Salisbury	10
Loknath Basnet	Salisbury	20	Prakash Niroula	Munno Para	50
Loknath Ghimirey	Salisbury	50	Puspa Kala Sharma	McDonald Park	55
Madhav Baral	Salisbury Down	20	Pustak Veti	Puran Spot	45
Madhav Bhattarai	Salisbury North	45	Rabi Kafley	Salisbury Park	20
Madhav Sapkota	Munno Para West	21	Rabinna Karki Sutar	Salisbury North	10
Madhu Sudhan Khadka	Elizabeth Vale	10	Raj Dhungel	Salisbury	21
Man Khatri	Elizabeth South	21	Ram Krishna Dhakal	Munno Para Down	20
Mary Ceranol	Salisbury	20	Ram Kumari Bista	Salisbury	20
Menuka Kafley	Salisbury	20	Ratna Adhikari	Elizabeth vale	20
Mohan Bhattarai	Salisbury	43	Rojeena Karki Sutar	Salisbury North	21
Mohan Gautam	Salisbury Park	25	Ruma Khatiwada	Salisbury	51
Monorath Timsina	Salisbury Plane	25	Rup Lal Bhattarai	Burton	25
N.B. Mangar	Salisbury East	51	Rupa Gautam	Salisbury	20
Naitik Dhungana	Walkeys Height	25	Rupa Khatiwada	Salisbury Plane	20

Australia, Donors, Multicultural and Spiritual Program 2019

Amount AUD

Name of donor	Address	Amount AUD
KRupnarayan Kafley	Salisbury	20
Sabitra Sirwal	Elizabeth	20
Sanman Kafley	Salisbury Park	51
Shah Mager	Elizabeth Vale	25
Shree Man Chuwan	Burton	51
Shree Man Khatiwada	Salisbury north	20
Shyam Karki	Salisbury North	10
Somnath Bhattarai	Salisbury North	51
SRI Neupane	Salisbury North	20
Sukdev Dahal	Salisbury	21
Sumitra Pokhrel	Elizabeth	20
Sushil Pokhrel	Marion	351
Tanka Nath Gautam	Braham Lodge	10
Tanka Nath Ghimery	Elizabeth Vale	20
Tara Basnet	Salisbury North	20
Tek Nath Gautam	Braham Lodge	21
Tenchoma Subba Limbu	Banksia Park	50
Tika Ram Adhikari	Salisbury Downs	120
Tika Ram Dabadi	Salisbury	51
Tika Ram Khadka	Salisbury North	15
Tika Ram Sapkota	Moona para	20
Tikaram Bhandari	Elizabeth South	50
Til +Renu Sapkota	Munno Para	200
Tilchand timsina	Salisbury	51
Tula Bhujel	Salisbury Hight	30

Tulsi Ram Koirala	Salisbury	10
Yadav Khadka	Burton	21
Yadhu Subedi	Salisbury	21
Yam Khatiwada	Salisbury North	30
Zoe Bettion	Salisbury	50

Address

Bush Fire Donation

Name of donor

DOMOR	ADRESS	ANACHINIT
DONOR	ADRESS	AMOUNT
AMBIKA PRASAD DULAL	ELIZABETH	55
ANONYMOUS	N/A	21
BASUDEEV KHATIWADA	BRAHMALODGE SA	5
BHADRI ADHIKARI	OHIO USA	20
BHIMLAL DHAMALA	BRAHMALODGE SA	20
BISHNU KAFLEY	SALISBURY NORTH	20
BISHNU MAYA KHADKA	SALISBURY SA	5
CHABBI LAL DABADI	SALISBURY SA	10
CHANDRA DHAKAL	SALISBURY	10
CHANDRA SUBEDI	ELIZABETH PARK	51
DAMBERI KUMARI NIROULA	SMITHFIELD SA	10
DATA RAM PANDAY	SALISBURY SA	10
DEO NARAYAN DHAKAL	BRAHMALODGE SA	10
DEVI CHARAN DHUNGYEL	ELIZABETH VALE	20
DEVI CHARAN SAPKOTA	SALISBURY NORTH	10
DILLI RAM ADHIKARI	SALISBURY PLAIN	21

Bush Fire Donation

DONOR	ADRESS	AMOUNT		DONOR	ADDRESS	AMOUNT
DILLI RAM DHAKAL	SALISBURY PARK	20		NAR BAHADUR MAGAR	SALISBURY EAST	30
GANGA KHANEL	SALISBURY NORTH	10		NARAYAN BHATTARAI	SALISBURY SA	25
GANGA RAM ADHIKARI	BRAHMALODGE SA	10		NIPSHIK SHARMA	SALISBURY SA	10
GAYATRI BAJGAI	SALISBURY PLAIN	10		PABITRA BHATTARAI	SALISBURY PLAIN	10
GHANA POKHREL	SALISBURY NORTH	10		PANKAJ DHAKAL	MUNO PARA	20
GOPAL DHUNGYEL	SALISBURY	10		PURNA ADHIKARI	ELIZABETH PARK	10
HARI DHUNGYEL	SALISNURY SA	10		PUSKAR DHAAKL	SALISBURY SA	20
HOM PRAKESH DHAMALA	BRAMHALODGE SA	51		PUSPA BHATTARAI	SALISBURY SA	10
JAI NARAYAN BHANDARI	ELIZABETH SA	55		ROMA KHATIWADA	SALISBURY SA	10
KAMAL TIMSINA	SALISBURY SA	10		RUP LAL BHATTARAI	BURTONS	10
KAPIL DAHAL	SALISBURY SA	10		RUP NARAYAN KAFLEY	SALISBURY DOWNS SA	5
KAPIL MUNI DULAL	SALISBURY PLAIN	10		RUP NARAYAN MISHRA	SALISBURY SA	30
KASHI ADHIKARI	SALISBURY SA	50		RUPA GHALEY	SALISBURY PLAIN	20
KEDAR CHAPAGAI	HOLLYWOOD SA	10		SABITRA BHATTARAI	SALISBURY NORTH	5
KHADANANDA DHAKAL	BRHAMLODGE SA	5		SANMAN KAFLEY	SALISBURY PARK	20
KHINA DAHAL	SALISBURY NORTH	5		SOM NATH BHATTARAI	SALISBURY NORTH	10
KRIPC NIROULA	BRAHMALODGE	10		SUK DEV DAHAL	SALISBURY SA	10
KUNTI DAHAL	SALISBURY NORTH	10		SUSHIL POKHREL	MARION SA	51
LAKSHMI PRASAD DHAKAL	VICTORIA	100		TANKA NATH GAUTAM	BRAHMALODGE SA	10
LAXMI DAHAL	SALISBURY PARK	10		TARA MANI GAUTAM	PARALOWIE SA	10
LAXMI PRASAD GHIMIREY	SALISBURY DOWN	10		TARA NIDHI BHANDARI	SYDNEY	10
LEELA GURAGAI	SALISBURY SA	10		TEK BHANDARI	ELIZABETH GROVE	29
LEELA NEPAL	SALISBURY SA	20		TIKA RAM ADHIKARI	SALISBURY DOWN	10
LILA SUBEDI	SALISBURY SA	10		TIL CHAND SAPKOTA	MUNNOPARA	51
MADHAP BHATTARAI	SALISBURY NORTH	10		TILA RUPA BHUJEL	SALISBURY SA	5
MOHAN SUBEDI	MUNNOPARA DOWNS	10		TULSI SUBEDI	ELIZABETH SOUTH	10
MON MAYA NIROULA	BHARMALODGE	105	24	UMA ADHIKARI	SALISBURY NORTH	10

Organizational Donation

Name of donor	Address	Amount AUD
Australian Bhutanese Association/ABA Youths	Sydney, Australia	1,500
Boomerang International Educational Services	Adelaide, Australia	1,500
Lions Club of Angle Vale	Angle Vale	500
Sunshine Homes	Adelaide, SA	500

Non-Resident Nepalese Organisation,

South Australia	Amount AUD
Ashok KC	200
Ashika Chapagain	100
Bandhu Karki	200
Dolkar Gurung	200
Nawaraj Pant	200
Sagar Shrestha	100
Shyam Bohara	100
Surendra Regmi	100
Thir Gurung	200

USA Donations (Online Donation - PayPal)

Donor	Address	Amount in USD
Krishna Acharya	Harrisburg, USA	130
Tek Bhandari (listed under	Elizabeth, SA	20
bushfire)	Ohio, USA	150
Bhim Sapkota	California, USA	100
Sha (Roshan) Biswa	Ohio, USA	100
Gyanu Dulal (earmarked, sheep project)	Fairfax, Virginia	823
Abichandra Chapagai (amount i	Ohio, USA	101
AUD)	Pennsylvania, USA	100
Kashi Dulal	Pennsylvania, USA	100
Ganga Dulal	Adelaide, SA	200 (AUD)

Bank Transfer & Canada Donations

DONOR	ADRESS	AMOUNT	DONOR	ADDRESS	AMOUNT
Annonymous (Bushfire don)	Adelaide, South AUS	21	Sadikcha & Aayush Dahal	Salisbury North, S. AUS	180
Bhola (Vikash) Dhamala	Adelaide, South AUS	200	Santiram Upadhaya Dhakal	Salisbury North, S. AUS	150
Bishnu Kafley (Bushfire don)	Salisbury North, S. AUS	20	Santiram Dhakal (don depo	sit)Salisbury North, S. AUS	451
Chandra Subedi (Bushfire don)	Salisbury, South AUS	51	Sashi Dhakal	Mildura, Victoria	150
Deoki Dhakal (don deposit)	Wangaratta, Victoria	1000	Sunshine Homes	Adelaide, South AUS	500
Dilli Dahal	Salisbury North, S. AUS	180	Sushil Pokhrail (Bushfire do	າ) Marion, South AUS	51
Dilli Dhakal (Bushfire donation)	Salisbury, South AUS	20	Tilchand Sapkota (Bushf do	n) Munnopara, South AUS	51
JN Bhandari (Bushfire don)	Elizabeth, South AUS	55	CANA	DA Donations	
Kashi Adhikari (Bushfire don)	Salisbury, South AUS	50	DONOR	ADDRESS	AMOUNT
Lakshmi Dhakal (Bushfire don)	Wangaratta, Victoria	100	Tika Adhikari	Winnipeg, Manitoba, CAN	263
Lakshmi P Dhakal (don dep)	Wangaratta, Victoria	2000	Shyam Ghimire		
Lekh Khatiwada	Adelaide, South AUS	180	Pundit Ganga Ram Kafley	Winnipeg, Manitoba, CAN	100
Narayan Bhattarai (Bushf. don)	Salisbury, South AUS	25	Bal Sanyasi	Winnipeg, Manitoba, CAN	100
Pankaj Dhakal (Bushfire don)	Munnopara, South AUS	20		Winnipeg, Manitoba, CAN	100
Prakash Dhamala	Adelaide, South AUS	150	Bal Kharga	Winnipeg, Manitoba, CAN	50
Prakash Dhamala (Bushf. don)	Brahma Lodge, S. AUS	51	Raj Thapa	Winnipeg, Manitoba, CAN	50
			Til Bahadur Bhattarai	Winnipeg, Manitoba, CAN	50
Puskar Dhakal	Salisbury North, S. AUS	105	Karnakhar Sapkota	Winnipeg, Manitoba, CAN	50
Puspa Dhakal	Brahma Lodge, S. AUS	150	Tara Subedi	Winnipeg, Manitoba, CAN	50

	Refund in Australia		
DONOR	ADDRESS	Reason for refund	AMOUNT
Santiram Upadhaya Dhakal	South Australia	Project didn't progress	1000
Dadhi Dhakal	South Australia	Project didn't progress	2160
Basudev Khatiwada	South Australia	Project didn't progress	5000
Govinda Bhattarai	South Australia	Project didn't progress	2000
Pabitra Dahal	South Australia	Project didn't progress	1001
Hari Poudyal	South Australia	26Project didn't progress	1001

Individual Donation

DONOR	ADDRESS	AMOUNT
Vidhpa Pati Mishra	Charlotte, NC	200
Hindu Com. of Charlott, NC		800
Bhim Kumari Sapkota	Saltlake City, UT	100
Tek Nath Mishra	Pittisburg, PA	200
Prakash Koirala	Fort Worth, Tx	50
Durga Budathoki Chhetri	Fort Worth, Tx	50
Shradha Shrestha (Yeti Ins)	Irving, Tx	51
Gopal Adhikari (GAC STOP, LLC)	Fort Worth, Tx	200
LB/Gyanusg Subba	Fort Worth, Tx	130
Mukesh Patel	USA	71

DONOR	ADDRESS	AMOUNT
Ghana Dulal	Southlake City UT	140
Roshan Sankhar	Florida	100
Sambridhi Adhikari		200

Organizational Donation

DONOR	ADDRESS	AMOUNT
HAMRO TAX SERVICE LLC	Fort Worth, TX	500
ORR	DC	1800
CST	Texas	1100
Aileen/Edison Dizon from WFG	Texas	300
VASTIKA INC DALLAS	Irving, TX	600

TOTAL INCOME: \$6,954

Blanket Drive for HDNP 500

Scholarship 2480

Mental Health Training 3640

TOTAL EXPENDITURE: \$6,495

Balance @ End 2019 97

Balance Ac @ End 2018 2115

Book Close: \$2,212

Individual/Through Programs		Organizational Donation	
DONOR	AMOUNT	DONOR	AMOUNT
Multicultural spiritual program	8476	ABA Youths, Sydney	8476
Earmarked disaster relief	1340	Lions Club Angle Vale	1340
Unearmarked cash and bank transfer	515	Boomerang International Educational	515
Donation through PayPal	1524	Services	
Fund raising dinner	990	NRNA	1524
Table tennis tournament	50	SLCA Inc. & Bhutanese Community in Cairns	990
State Volunteer Grant	5000	Salisbury County Community Activity Grant	3580

TOTAL INCOME: 27400

Transaction	Domain	Project	AMOUNT
Africa	Education	Scholarship to vulnerable children, Africa	375
Nepal	Education	Scholarship to vulnerable and orphan children, Nepal	7561
Africa	Empowerment	Microfinance project, Africa	400
Nepal	Health and relief	Healthy Women Healthy Child, Nepal	400
Salisbury and Playford Councils, SA	Condolence	Moral support to mourning families	450
Salisbury and Playford Councils, SA	Volunteer	Fuel voucher for volunteers	5000
Salisbury and Playford Councils, SA	Culture and spirituality	Multicultural spiritual program	3410
Salisbury and Playford Councils, SA	Culture and spirituality	Durga Puja	4061
Salisbury and Playford Councils, SA	Community engagement	Blood donation	470
Salisbury and Playford Councils, SA	Community engagement	Table tennis tournament	997
Salisbury and Playford Councils, SA	Sports	Football trophy sponsor	120
New South Wales	Health and relief	Bushfire victim support, NSW	302
South Australia	Health and relief	Relief to bushfire victims, SA	50
National	Administrative		754

TOTAL EXPENDITURE: 24350

PUNYA FOUNDATION USA – FINANCIAL ACTIVITY

Individual donation	Name	Address	Amount AUD
marviada donación	Vidhpa Pati Mishra	Charlotte, NC	200
	Hindu Community of	Chanotte, NC	800
	Charlott, NC		07.750
	Bhim Kumari Sapkota	Saltlake City, UT	100
	Tek Nath Mishra	Pittisburg, PA	200
	Prakash Koirala	Fort Worth, Tx	50
	Durga Budathoki Chhetri	Fort Worth, Tx	50
	Shradha Shrestha (Yeti Insurance)	Irving, Tx	51
	Gopal Adhikari (GAC STOP, LLC)	Fort Worth, Tx	200
	LB/Gyanusg Subba	Fort Worth, Tx	130
	Mukesh Patel	USA	71
	Ghana Dulal	Saltlake City, UT	140
	Roshan Shankhar	Florida	100
	Sambridhi Adhikari		200
Organisational donations			
	HAMRO TAX SERVICE LLC	Fort Worth, Tx	500
	ORR	DC	1800
	CST	Tx	1100
	Aileen/Edison Dizon from WFG	Tx	300
	VASTIKA INC DALLAS	Irving, Tx	600
Total Income			6592
Expenditure			
	Blanket drive for HDNP		375
	Scholarship		2480
	Mental Health Training		3640
Total Expenditure	276		6495
Bal @ end 2019			97
Bank Ac @ end 2018			2115
BOOK CLOSE @			2212

BALANCE SHEET FOR AUSTRALIAN BOOKKEEPING

INCOME 2019			
Donation, fundraising activities and			Amount
bequests			
	Individual or through programs	Multicultural spiritual program	8476
		Earmarked disaster relief	1340
		Unearmarked cash and bank transfer	515
		Donation through PayPal	1524
		Fund raising dinner	990
		Table tennis tournament	50
	Organisational		
		ABA Youths, Sydney	1500
		Lions Club Angle Vale	500
		Boomerang International Educational Services	1500
		NRNA	1400
		SLCA Inc. & Bhutanese	1025
		Community in Cairns	
Revenue/grant from the			
government	State	Volunteer Grant	5000
	Salisbury Council	Community Activity Grant	3580
Revenue generated from goods	salatary codific	Community recently drain	0
and services			-
Revenue from investment			
	Bank interest		0
	Shares		0
Other revenue			0
Total income			27400
CONTRACTOR AND ADDRESS OF THE ADDRES			
EXPENDITURE 2019 Transaction	Domain	Broinet	Amount
Africa	Education	Project Scholarship to vulnerable	375
	Education	children, Africa	7561
Nepal		Scholarship to vulnerable and orphan children, Nepal	
Africa	Empowerment Health and relief	Microfinance project, Africa	400
Nepal		Healthy Women Healthy Child, Nepal	400
Salisbury and Playford Councils, SA	Condolence	Moral support to mourning families	450
Salisbury and Playford Councils, SA	Volunteer	Fuel voucher for volunteers	5000
Salisbury and Playford Councils, SA	Culture and spirituality	Multicultural spiritual program	3410
Salisbury and Playford Councils, SA	Culture and spirituality	Durga Puja	4061
Salisbury and Playford Councils, SA	Community engagement	Blood donation	470
Salisbury and Playford Councils, SA Salisbury and Playford Councils, SA	Community engagement Sports	Table tennis tournament Football trophy sponsor	997 120
New South Wales	Health and relief	Bushfire victim support, NSW	302
South Australia	Health and relief	Relief to bushfire victims, SA	50
National	Administrative	neme: to adding thems, an	754
Total Expenditure			24350
Net balance year 2019 Balance from calendar year 2018 2019 FINANCIAL BOOK CLOSES @		CBW, NAB & PayPal	3050 20804 23854

CONTACT US



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NEPAL

Madhyapur-Thimi-03 Kaushaltar, Bhaktapur