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- A large, diagonal, abstract painting of a hand reaching out, rendered in various colors including yellow, red, blue, and green. The painting is positioned diagonally across the upper half of the cover.
- "Justice
 - through
 - Education
 - and
 - Empowerment"

ANNUAL REPORT
2018



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ANNUAL REPORT TEAM

Punya Foundation is a not-for-profit charity organisation established with a mission of *Justice through Education and Empowerment*. The Foundation holds Australian Tax Office tax-exempt status. Similarly, the Foundation has a 501 (c) (3) status in the USA, a charity status in Nepal and it is registered as a non-profit organisation in Canada.

The target groups of the Foundation are those people who need support to live a dignified life. The Foundation assists underprivileged and rendered vulnerable children with their education. It focuses on welfare of women in fronts of social justice like mediation, empowerment and adult education programs.

OBJECTIVES:

- ~ To contribute to the self-reliance and empowerment of the vulnerable and underprivileged children through education
- ~ To seek justice and peace through organisation of adult education, empowerment and relief programs to victims of social injustice, destitute, victims of trauma and violence and poor and widows
- ~ To assist with the successful integration of refugees and migrant communities through organisation of cultural activities, providing psychosocial support, career counselling and job-oriented training programs
- ~ To promote healthy living through health advocacy and organising outreach clinics
- ~ To mobilize resources and extend emergency assistance during natural disasters and calamities



Chairperson's Message

I would like to draw your attention that Punya Foundation has crossed another milestone in 2018 by establishing two countries offices in Nepal and Canada this year. Combined with the team that are operating successfully in Australia and USA, we are hoping to launch the Foundation as a strong international team. I would like to congratulate both the Punya Foundation Nepal and Punya Foundation Canada teams for their voluntarism, dedication and interest in getting involved in the work of the foundation. This achievement has helped to focus our attention in increasing the educational reach of orphan youths who were victims of 2015 earthquake in Nepal and other marginalized youths including from the refugee camps in Nepal and Kenya. This is evidence that as things change, the focus of our programming need evolves and changes to incorporate new realities and makes the organization more dynamic. The next goal of the Foundation is to form a small international board represented from different country teams, which would provide strategic direction to the foundations work in these four countries and increase the Foundations education base.

As the Bhutanese diaspora communities are getting more settled in different countries, we envisage new emerging needs in programming for vulnerable youth, children and families. We will continue to explore these new ideas among the different countries board members but our well-wishers, supporters and volunteers are most welcome to suggest the type of educational need that the foundation may need to take up in the future and new ideas are always welcome. The Foundation was able to carry on its work successfully with the support of dedicated volunteers and it is an honour to be associated with such a devoted and self-less team of professionals.

To continue building its humble initiatives and dedicated work, the Foundation requires support of Bhutanese diaspora and other well-wishers from broader community. I would like to urge, all those individuals and Bhutanese diaspora organizations, interested in improving the educational level of marginalized youth and vulnerable people to continue supporting the work of the Foundation. With your support and goodwill gesture, the



Foundation is steering its educational programming more confidently and strategically.

As we reported in the past, the Foundation stands to empower vulnerable people and build capacity of youth through education and engagement programs rooted in Paulor Freire's philosophy of education and capacity building that encourages organizing programs for marginalized people by consulting and involving them to raise their consciousness about their social world. It believes in Swami Viveka Nanda's philosophy of universal tolerance and respect for humanity, creating opportunities for young people from all socio-economic and cultural background without any forms of discrimination. With these believes and commitment in strengthening the assets of vulnerable youth and women through education, and community involvement initiatives, the Foundation is grounded firmly.

TIKARAM ADHIKARI

*Chairperson and Founding Board Member
Winnipeg, Canada*



Bird's Eye View from the Founder



DR LAKSHMI PRASAD DHAKAL
*Founder/Executive Director
Punya Foundation*

Dear well-wishers,

For the last 9 years, Punya Foundation teams have evaluated and re-evaluated the scope of engagements, activities and future strategies. The year 2018 has observed the following,

- ~ *as one of the leading diaspora charity organisations, the Foundation proudly decided to navigate beyond education and empowerment and broaden its scope to following six domains: Education, Empowerment, Culture and Spirituality, Community Engagement, Health and Relief and Public Relation, Literature and Publication*
- ~ *formation of Punya Foundation, Canada making our base in 4 countries*
- ~ *restructure of Punya Foundation Australia team adding new energy and ideas*
- ~ *redesign of the logo and the website got a facelift*

It is fulfilling to see great things happening. We need to stand out to help others. With your support, we will continue to be responsible and take responsibilities. The Foundation thanks all its volunteers, donors, well-wishers, and requests for the continuity of your support.

INTERNATIONAL PROJECTS YEAR, 2018

Punya Foundation has been involved in the education of poor and vulnerable children in Nepal since 2010. Initially, Bhutanese refugee children received scholarships and later the program scaled out to refugee-affected community. Since 2015, the Foundation has been providing scholarships for the education of children who lost at least one of their parents during the earthquakes of 2015 in Nepal.

Aims of the Scholarship Project

- 1. To enable orphan and vulnerable children to go to school till they complete year 10 by paying their school fees, providing them with stationeries and school uniforms*
- 2. To prevent orphan and vulnerable children from physical labour, becoming domestic workers, maidservants and from trafficking for sex trade*
- 3. To support families in desperate conditions to help them with education of their children*

Scope of Scholarship Projects

The number of children provided with scholarships are constantly rising. This year, the number has gone up to 132 children with the following country-wise scholarship commitments.

- 1. Punya Foundation, Australia sponsors 55 students in Nepal*
- 2. Punya Foundation, Canada sponsors 5 students in Nepal*
- 3. Punya Foundation, the USA sponsors 10 students in Nepal*
- 4. Punya Foundation, Nepal sponsors 62 students. Of this, 12 students receive full scholarships and 50 the partial.*

Beneficiary Districts

The student beneficiaries of the scholarship programs are scattered in the following districts in Nepal,

- ~ Kavre district
- ~ Sindhupalchok district
- ~ Dhading district



1. NEPAL SCHOLARSHIP PROJECT



Selection Criteria

A child is eligible for the scholarship if predetermined selection criteria are met. The criteria get reviewed each year. For 2018, the set selection criteria were:

- ~ Identification of the earthquake affected person
- ~ Evidence of parent(s) death registration
- ~ Recommendation letter from a school
- ~ Student identified unable to afford school charges
- ~ Student motivated to go to school

Implementation and Monitoring Team

The Foundation has a strong implementation and monitoring team. It is based in Kathmandu and frequently goes on field visit to monitor the scholarship program. The team consists of,

- ~ Mohan Kumar Niraula, Chairperson
- ~ Sudharsan Simkhada, V. Chairperson
- ~ Tika Ram Khatriwada, Secretary
- ~ Roshan Niraula, Treasurer
- ~ Dinesh Niraula and
- ~ Bishnu Sapkota



*Supported children with thier class mates in the class
(Picture: PUNYA FOUNDATION)*

2. SCHOLARSHIP AFRICA

Since 2015, Punya Foundation has been providing scholarships to poor and deserving children in Mukadima district in Ethiopia. The Scholarship Selection and Implementation Committee (SSIC) consisting of 5 members under the coordination of Mr. Moti Muleta, Zonal Health Officer of the Zonal Health Department and School Management Board of Mukadima oversee the scholarship selection, implementation and monitoring process.



Currently, the Foundation sponsors 5 primary school students with their primary education. For selection of students, the School Management Board of Mukadima and the Foundation discuss and set eligibility criteria. For 2018, the criteria were:

- ~ A primary school student with his/her parents struggling to support his/her education
- ~ Recommendation by the local community as a poor child
- ~ A child motivated to study and parents willing to send their child to school

The SSIC distributed school uniforms, stationeries, and basic school materials to the students in collaboration with the local stakeholders.

3. WOMEN EMPOWERMENT: MICRO-FINANCE PROJECT AFRICA

Punya Foundation, under its project domain empowerment, runs women empowerment programs in Ethiopia. Through the provision of microfinance, the Foundation aims to support women victims of rape, sexual assault and domestic violence. The programs target to assist victimised women with the generation of income, hereby helping with their empowerment. To help with their self-esteem, the Foundation facilitates psychosocial counselling.

Under these projects, vulnerable women run tea and coffee shops and small-scale poultry farming.

The implementation team consists of five volunteers under the coordination of Mr Moti Muleta, who overlooks the program and provides regular updates to the Executive Director of the Foundation.

The empowerment program beneficiaries of 2018 are:

1. Mihret Tadesse Shimelis, 21 years old, a victim of rape
2. Birtukan Tolesa Tulu, 20 years old, abduction marriage, deserted afterwards
3. Name withheld to protect identity (legal requirement due to age), 17 years old, a victim of sexual assault
4. Obse Itana Gelalcha, 19 years old, a victim of rape

Outcomes

- ~ Vulnerable women are able to run their household expenses through self-generated income
- ~ Women getting engaged and back into their community
- ~ Women feeling empowered and securing sustainable financial status

Victim of Rape with her Child. Accompanied by Mr Moti Muleta, Police Officer and Health Care Provider 2018 (Picture: PUNYA FOUNDATION)



COMMUNITY ACTIVITIES AUSTRALIA YEAR, 2018

1. Fundraising Multicultural & Spiritual Program: Hon Jing Lee Inaugurates

Background

For the fourth time in a row, the Foundation organised a Fund Raising Multicultural and Spiritual Program in the month of October 2018. The inaugural session of the three days program was attended by Honourable Jing Lee, Member of the Legislative Council and Assistant Minister to the Premier, Mayor Gillian Aldridge from Salisbury, Mayor Glenn Docherty from Playford, executives of BAASA and other dignitaries.

Aims of the program

- ~ To generate fund for the education of children who lost at least one of their parents during the earthquakes of 2015 in Nepal
- ~ To help education of poor and vulnerable children in Nepal and Ethiopia
- ~ To empower women victims of rape, sexual assault and domestic violence in Ethiopia
- ~ To engage community members and to promote wellbeing through cultural and spiritual programs

Activities

The Fundraising Multicultural Spiritual Program consisted of a variety of activities. The major highlights of the program were,

- ~ Pundit Shree Tirtharaj Poudyal chanted Vedic verses and provided blessings to participants
- ~ Tulku Rinpoche Kezang Tamang, a Buddhist influencer, highlighted role of charity work and shared his perspective on Buddhism
- ~ Acharya Rajan Sharma, Pundit Dinesh Adhikari, Pundit Gangaram Bhattarai and Pundit Santiram Dhakal provided brief sermons and chanted Shanti Mantra for peace and prosperity of the community
- ~ Community engagement in dancing and singing bhajans
- ~ Many people, young and old gathered at the function and engaged themselves by donating, volunteering and assisting the organising committee to make the program a success

Outcome

- ~ The Foundation managed to generate 8,411 Australian dollars
- ~ The program became a common platform for all to meet, greet and share
- ~ The program also gave an opportunity to children to demonstrate their arts and dances



2. Wellbeing through Yoga



Participants who Secured Certificate of Yoga - Meditation Teaching Training with Guru Rajan Sharma, Mr Glenn Docherty, Mayor Playford City Council and Mr Jim Buckoke, Rotary Club Elizabeth, 2018.

Background

In October, 2018, the Foundation organised a series of yoga sessions in Adelaide, South Australia. Acharya Rajan Sharma, an accredited Yoga instructor and spiritual personality, facilitated the sessions.

Yoga serves many benefits in human life. It helps to gain and maintain flexibility, improve core strength, posture and balance. Yoga also aids with psychological health, improves power to concentrate, promotes self-awareness and relieves stress.

The aims of organising the yoga sessions were:

- ~ To engage and promote health and wellbeing of the community members through yoga
- ~ To bring the community members together and enhance interaction thereby address isolation
- ~ To introduce the concept of yoga amongst the Bhutanese community in South Australia

Activities

Each session started with a warm up and was followed by standard yoga practices like Surya Namaskar, rhythmic dancing to bhajans and other postures like,

- ~ Relaxation and Pranayam
- ~ Gyan Yog and Hath Yog
- ~ Dharana Yog and Aahar Yog

During each session, Acharya Sharma explained benefits of these postures and demonstrated these before the participants.

Outcomes of the sessions

- ~ Around two hundred and fifty individuals participated during the sessions
- ~ Eleven participants successfully completed the core training program. In collaboration with the Global Society for Peace and Spiritual Science, Purnya Foundation awarded them the “Certificate of Yoga & Meditation Teaching Training”
- ~ The sessions were evaluated as wonderful and ended with a lot of appreciation



3. Poem Recitation

Background:

Literary activities like poem recitation assists with self-expression and builds confidence in thought process. It enhances speech and promotes creativity and multidimensional development of language. In addition, the poem recitation helps to promote native language in an engaging and entertaining atmosphere. Mr Prakash Dhamala coordinated this program.

Activity

On the 8th of October, a poem recitation event took place in South Australia. Approximately 80 individuals with interest in literary activities participated during the program.

Outcome

- ~ The community members got an opportunity to recite their poem
- ~ The community enjoyed the program
- ~ It served a purpose to build creative thinking and to promote the Nepali language



Poem Recitation, Mrs Adhikari, Adelaide 2018

4. Australia Clean-Up Program: Mayor Playford City Council Applauds

Background

The clean earth and a clean environment promote health. Punya Foundation believes in wellbeing of local communities, which led to the organisation of an Australia clean-up program in August 2018 at Playford city council. Mr Puskar Poudyal coordinated the program. The event was attended by Mr Glenn Docherty, Mayor Playford City Council and Mr Jim Buckoke, Rotary Club Elizabeth.

Activity

- ~ Punya Foundation organised the clean-up event in collaboration with the Rotary Club in Elizabeth, South Australia
- ~ This clean-up program attracted attendance of volunteers from the local community

Outcome

- ~ Involvement of migrant community to contribute for clean place where they live in
- ~ A step to promote clean environment
- ~ Appreciations from the Mayor and representative of the Rotary Club Elizabeth.



Punya Foundation organises a city cleaning initiative engaging local community, Playford Council, Adelaide, South Australia



Participants at Multicultural Spiritual Program, Adelaide 2018

5. Moral Support to Mourners

In 2016, the Foundation started to donate a small amount to Bhutanese community families who lost their loved ones. The donation is to express condolences and to provide a moral support. In 2018, the Foundation provided a token of help to 5 families.

Through this, the Foundation is building good will in the community, which is helping it to work onto its mission of Justice through Education and Empowerment.

6. Distribution of Disability Aids

Background

Older people and those with disabilities have different needs for their daily livelihood. Owing to financial limitation, not everyone can buy aids like wheelchairs, walking frames, adjustable beds, etc. Some of our community members are in need of additional support to make their daily living easy and possible. Mr Puskar Poudyel coordinated the project to distribute living aids to older people and to those with disabilities.

Activity

- ~ Availability of good conditioned second hand aid material explored
- ~ Expression of interest sought from needy individuals

- ~ Mr Poudyel and team, on their own cost, collected the material from Rotary Club Elizabeth

On the first day of the Fund Raising Multicultural Spiritual Program, eligible individuals were shortlisted and finalised and items distributed in presence of guests and dignitaries.

Outcome

- ~ Material distributed were as follows; 5 wheelchairs, 5 shower chairs, 3 mobile commodes, 5 walking sticks and four-wheeled-walkers
- ~ The beneficiaries expressed gratefulness to the Foundation



Tulku Rinpoche Kezang Tamang (right) along side Acharya Rajen Sharma during Multicultural Spiritual Program, Adelaide 2018

Activities in U.S.

In collaboration with Help for Desperate and Needy People (HDNP), Punya Foundation US participated in the blanket drive for homeless and needy families in Texas in December.

A total of 374 blankets were distributed at the end of the drive. The Foundation contributed US \$ 475 for this project.

The Foundation's chairperson, Mr. Sudip Adhikari, personally got involved in the project. The Foundation also gave a commitment for the future partnership with HDNP.



*Mr. Sudip Adhikari volunteering at the event
(Picture: Punya Foundation US)*





Artists perform during a community event in Sydney (Photo credits: Bibas Photography)



Partners and Supporters

A. The Australian Bhutanese Association Sydney and ABA Youth



The ABA Youths had been collaborating with Punya Foundation since the last 4 years. They have been sponsoring the education of 10 children in Nepal. In 2018, the Australian Bhutanese Association Sydney organised a program with support of the ABA youths generating amount to support education of 10 students.

Activity

Like past years, this year’s program observed a variety of activities – Nepali and Hindi dances, inspirational speech and legendary songs. Around 150 donors attended the program. This year, the Founder/Executive Director of Punya Foundation, Dr Lakshmi Prasad Dhakal attended the program and appreciated the generous contribution made by the Community in Sydney. Each year the Australian Bhutanese Association Sydney and ABA youth donates 1500 AUD. Youths and Bhutanese community are taking up the program very well.

B. Boomerang International Educational Services



The Boomerang International Educational Services is registered with the Office of Consumer and Business Affairs of South Australia. Since 2016, it is collaborating with Punya Foundation and supporting education of 10 children for their primary education.

The Foundation team is thankful to Mr Aashish Wagley, Director of the Boomerang International Educational Services for his kind support for education of poor and vulnerable children.

Team Formation and Team Restructure

1. Punya Foundation, Canada

I am happy to share with you all that Punya Foundation, Canada is registered as a non-profit organisation in the Province of Manitoba, Winnipeg, Canada in November 2018. I am very pleased to be a part of this great organisation and to announce seven board members as its establishment team:

I would like to congratulate all the Canadian team members for their volunteerism, willingness and dedication to further the Foundation's mission. It has been a busy year of discussion, negotiations and planning. I appreciate the contribution of all team members including the Chairperson for his guidance during this formative stage.

In 2018, Punya Foundation Canada is proud to generate funds enough to support primary education of five orphans in Nepal for an academic year. The team members and donors deserve my deepest appreciation for their contributions. Having completed its by-laws, the team is actively onto program development and looking forward to working with Punya Foundation's teams in other countries.

I look forward to your support and kind cooperation.

Shyam Ghimire
President
Punya Foundation, Canada



2. Punya Foundation, Australia



The Punya Foundation team in Australia is restructured. It consists of an Executive Committee manned by 5 directors and a need based Extended Executive Committee. Led by Tilchand Sapkota as a Chief Executive Officer (CEO), other members of the Executive Committee are Sanman Kafley (Director of Administration), Kashinath Adhikari (Director of Programs), Hari Pokhrel (Director of Finance) and Homprakash Dhamala (Director of Public Relation, Literature and Publication). Similarly, the following individuals form the Extended Executive Committee,

- ~ Coordinator Culture Committee: Laxman Gurung
- ~ Coordinator Youth & Empowerment Committee: Bishnu Tamang

- ~ Coordinator Spirituality Committee: Santiram Upadhaya Dhakal
- ~ Coordinator Fundraising Committee: Sriman Khatiwada
- ~ Coordinator Health and Relief Committee: Chandra Subedi
- ~ Coordinator Women and Children Committee: Yoga Bhattarai
- ~ Coordinator Community Engagement Committee: Puskar Poudyal
- ~ Coordinator Education Committee: Dilli Dhakal

In due course of time, the team Australia intends to complete the team with Coordinator IT & Media Sports and Elderly and Disability Committees.

3. Punya Foundation, USA



Sudip Adhikari
(President)



Gyanu Dulal
(Vice President)



Vidhyapati Mishra
(General Secretary)



Bhagirath Khatiwada
(Director, Fundraising)



Roshan Shankar
(Director, Public Relations)



Khem Rizal
(Director, Culture and Literature)



Bhim Kumari Sapkota
(Director, Women and Child Affairs)



Tek Nath Mishra
(Treasurer)

Donors Year 2018

Australia Donors during Fund Raising Multicultural and Spiritual Program 2018

Name of the donor	Address	Amount in AUD
Acharya Rajan Sharma	Sydney Australia	301
Adelaide Dragon Sport Club	Salisbury	31
Ananda Basnet	Paralowie	22
BAASA	Adelaide	200
Bal Bahadur Bista	Elizabeth	11
Bal Krishna Dhakal	Salisbury	30
Bal Mukunda Subedi	Salisbury	25
Bala Ram Khadka	Salisbury North	20
Basudev Khatiwoda	Brahma Lodge	20
Bauda Gautam	Brahma Lodge	30
Beda Gautam	Elizabeth	12
Bhagawat Bheti	All	218
Bhagi Rathi Mishra	Salisbury	20
Bhakti Chuwan	Salisbury	51
Bhawani Kuikel	Elizabeth	10
Bhawani Prd Dahal	Salisbury	50
Bhim Lal Dhamala	Brahma Lodge	25
Bhojanam Gurung	Brahma Lodge	25
Bhola Nath Adhivari	Burton	21
Bhuwani Prd Gautam	Elizabeth	21
Bikash Dhamala	Brahma Lodge	150
Bishnu Dahal	Elizabeth Vale	51
Bishnu Kafle	Salisbury North	55
Bishnu Kumari Sharma	Salisbury	5
Bishnu Maya Khadga	Salisbury	15
Bishnu Maya Rai	Salisbury	11
Chabi Lal Dabadi	Salisbury	22
Chali Maya Bhattarai	Elizabeth Vale	20
Chandra Adhikari	Salisbury	51

Chandra Ghimire	Smith Field	15
Chandra Lal Chapagai	Elizabeth	25
Chandra Subedi	Elizabeth	50
Chatra Bhattarai	Salisbury	20
D. B. Basnet	Mawson Lakes	25
Damber Kri Nirola	Smith Field	25
Damber Niroula	Salisbury	51
Damber Prd Gautam	Paralowie	20
Dega Nath Sanyasi	Salisbury	25
Deo Dutta Gautam	Salisbury Downs	101
Deo maya Khatiwoda	Salisbury	25
Dev Maya Khatiwoda	Salisbury	20
Dev Narayan Dhakal	Brahma Lodge	31
Devi Charan Dhungyel	Elizabeth Vale	55
Devi Charan Sapkots	Salisbury	20
Devi Pookhrel	Burton	25
Dewki Subedi	Devon Drive Salisbury	12
Dhakal Pariwaar	Salisbury/Brahma Lodge/ Wangarratta	1001
Dhan Gurung	Salisbury	5
Dhan Maya Basnet	Salisbury	51
Dhan Maya Karki	Salisbury	21
Dhan Rup Biswa	Elizabeth	20
Dhana Pati Dahal	Paralowie	25
Dharm Raj Adhikari	Salisbury North	30
Dharm Timsina	Elizabeth Vale	25
Dharmendra Khatiwada	Salisbury	51
Dik Maya Khanal	Elizabeth	10
Dil Maya Karki	Salisbury North	101
Dil Maya Karki	Salisbury North	21
Dilli Maya Ghimire	Parahills	10
Dilli Ram Adhikari	Salisbury	50
Dilli Ram Basnet	Elizabeth Vale	20
Dilli Ram Dahal	Salisbury	25
Dilli Ram Gautam	Salisbury North	25
Dilli Ram poudyal	Paralowie	25

Dinesh Adhikari	Salisbury	20
Dom Nath Dahal	Salisbury	21
Durga Maya Adhikari	Salisbury	55
Ganga Khanal	Salisbury North	20
Ganga Ram Adhikari	Brahma Lodge	21
Ganga Ram Bhattarai	Salisbury	51
Gillian Aldridge MAYOR	Salisbury	50
Girish Bharati	Salisbury	100
Gopal Dhungana	Salisbury	21
Govinda Bhattarai	Salisbury	20
Govinda Ghimire	Salisbury	51
Grey Leek	Andrew Farm	50
Guman Sing Chuwan	Salisbury North	21
Guna Nath Bhandari	Elizabeth South	25
Hari Adhikari	Salisbury North	20
Hari Pokhrel	Salisbury North	101
Hari Sharma Poudyal	Mcdonald Park	200
Harka Bahadur Bhujel	Elizabeth	20
Harka Maya Basnet	Salisbury	30
Harka Poudyal	Elizabeth Vale	20
Hasta Khatiwoda	Salisbury North	50
Hem Adhikari	Elizabeth Vale	21
Hem Chapagai	Elizabeth	20
Hom Nath Dhungyel	Salisbury	5
Indra Bahadur Poudyal	Elizabeth	11
Indra Bdr Adhikari	Burton	21
Indra Rizal	Cairns QLD	150
Jaga Nath Adhikari	Salisbury North	10
Jai Narayan Bhandari	Elizabeth Vale	55
Janga Bdr Poudyal	Hill Bank	20
Juna Khatri	Elizabeth South	21
Jyoti Khatiwoda	Salisbury North	20
Kamal Luitel	Elizabeth	20
Kamal Prd Bajgai	Salisbury North	25
Kapil Dahal	Salisbury	25

Kashi Adhikari	Salisbury	20
Keshab Bhandari	Elizabeth East	25
Keshav Dahal	Salisbury	25
Khada Nanda Bhandari	Burton	30
Khada Nanda Dhakal	Brahma Lodge	15
Khagendra Khatiwoda	Salisbury North	21
Khagendra Timsina	Elizabeth	15
Khem Adhikara	Elizabeth Vale	20
Khem Prasad Subedi	Salisbury	11
Khim Lal Subedi	Elizabeth	15
Khina Maya Dahal	Salisbury North	21
Kopila Muni Dulal	Salisbury East	65
Krishna Bdr	Blackview	25
Krishna Bhattarai	Elizabeth Vale	20
Krishna Chapagai	Smith Field	21
Krishna Dhungyel	Salisbury	20
Krishna Kri Acharya	Elizabeth Vale	30
Krishna Luitel	Salisbury	25
Kshitiz Sapkota	Marion	50
Kula Chandra Bhandari	Salisbury Downs	25
Kunti Maya Dahal	Salisbury North	21
L.N Basnet	Salisbury	25
Lal Bahadur Bhattarai	Elizabeth	10
Lal Bdr Rai	Elizabeth	25
Laxmi Bajgai	Salisbury	21
Laxmi Dahal	Salisbury	20
Laxmi Narayan Dhungel	Salisbury	50
Lekhnath Bhandari	Elizabeth	51
Lila wati Timsina	Devon Drive Salisbury	65
Lok Nath Rimal	Elizabeth	20
Lok Safal Poudyal	Salisbury	50
Madhav Bista	Brahma Lodge	10
Madu Khadga	Elizabeth	10
Mahesh Gautam	Salisbury	35
Man Maya Niroula	Brahma Lodge	21

Manorath Timsina	Salisbury	30
Menuka Kafley	Brahma Lodge	20
Mery C'eravolo	Salisbury	11
Mohan Bhattarai	Salisbury	25
Mohan Dahal	Elizabeth Vale	11
Mohan Khatri	Elizabeth	22
Mohan Subedi	Munnopara	50
Naikita Dhuangana	Salisbury	20
Naina Kala Dhungyel	Salisbury	10
Nar Bahadur Chamlagai	Elizabeth Vale	20
Nar Bahadur Mongar	Salisbury East	55
Nar Maya Guragai	Salisbury Park	20
Narad Dahal	Salisbury	21
Narad Muni Subedi	Salisbury	61
Narayan Bhattarai	Salisbury	50
Netra Dahal	Salisbury	15
Om Nath Khanal	Elizabeth Vale	21
Pabi Maya Bhattarai	Salisbury North	21
Pabitra Bhattarai	Salisbury Plain	20
Pabitra Gautam	Elizabeth	11
Pabitra Koirala	Salisbury	21
Padam Chuwan	Salisbury North	25
Pampha Khatiwoda	Salisbury	15
Parja Pati Timsina	Salisbury North	15
Pasupati Siwakoti	Elizabeth Vale	20
Phul Maya Katel	Salisbury	25
Prakash Dhamala	Brahma Lodge	125
Prakash Niroula	Munopara	41
Prem Bhandari	Elizabeth South	20
Prem Gurung	Salisbury North	20
Prem Kri Khatiwoda	Salisbury	20
Puna Maya Adhikari	Salisbury	10
R. K. Ghale	Salisbury Plain	20
Ram Dhakal	Paralowie	20
Ram Kafley	Salisbury	21

Ram Kumari Bista	Salisbury	10
Ramesh Dahal	Craigmore	30
Rup Lal Bhattarai	Paralowie	55
Rup Mina Chapagai	Salisbury	21
Rupa Khatiwada	Salisbury	50
Rupa Mogar	New Zealand	10
San Man Kafley	Salisbury	50
Shree Man Chauwan	Burton	25
Siri Neopaney	Salisbury North	20
som Nath Bhattarai	Salisbury North	30
Som Nath Bista	Salisbury	10
Sriman Khatiwoda	Salisbury	25
Subash Dhungana	Light View	20
Suman Bhattarai	Salisbury Plain	25
Sunita Karki	Salisbury	21
Sushil Pokhrel	Marion	300
Tankanath Gautam	Brahma Lodge	20
Tara Basnet	Salisbury North	21
Tara Khatiwoda	Prospect	51
TB Rai	Northfield	25
Tek Bahadur Bista	Elizabeth	10
Tek Bhandari	Elizabeth South	20
Tek Magar	Salisbury Downs	30
Tek Magar	Salisbury	30
Tek Nath Adhikari	Brahma Lodge	21
Tika Ram Adhikari	Salisbury Downs	101
Tika Ram Bhandari	Elizabeth Vale	25
Tika Ram Dabadi	Salisbury	25
Tika Ram Kharka	Salisbury East	22
Til Bahadur Bista	Elizabeth	21
Til Chand Sapkota	Muno Para	200
Til Dahal	Salisbury	10
Tulasha Siwakoti	Elizabeth Vale	25
Tulsi Koirala	Salisbury	15
Upendra Subedi	Salisbury	22

Yam Khatiwoda	Salisbury	20
Yoda Subedi	Salisbury	25
Yogesh Dahal	Salisbury	15
Yosoda Chamlagai	Salisbury	15
Zoe Bettison	Salisbury	100
TOTAL		8411

Organisational Donations

Name Organisation	Country/State	Amount in AUD
Punya Foundation, Canada	Manitoba, Canada	750
Punya Foundation, USA	Texas, the USA	1500
TOTAL		2250

Online Donation - PayPal

Donor	Country/State	Amount in USD
Abichandra chapagai		300
Devi Dulal Sharma		100
Gyanu Dulal		100
Hari Sharma Niraula	Kathmandu, Nepal	111
Kashi Dulal		51
Sha Biswa		100
Vanessa OWEN		200
TOTAL		962

Online Donation - Bank

Donor	Address	Amount AUD
Australian Bhutanese Association/ABA Youths	Sydney, Australia	1500
Boomerang International Educational Services	Adelaide, Australia	1500
Dil Karki	Salisbury, South Australia	150
Hari Adhikari	Salisbury, South Australia	150
Indira Dulal	Salisbury, South Australia	150
Kashi Adhikari	Salisbury, South Australia	150
Lakshmi Prasad Dhakal	Wangaratta, Victoria	500
Santiram Upadhaya Dhakal	Salisbury, South Australia	250
TOTAL		4200

Balance Sheet

Income	Modalities	Activity	Amount
	Fund Generation Through Community Activity	Multicultural Spiritual Program	8411
	Online Donation	Bank Transfer	4200
	Cash Donation	Bank Deposit	0
	Organisational Transfer to Implementing Partner	Punya Foundation USA	1500
	Organisational Transfer to Implementing Partner	Punya Foundation USA	750
	Online Donation	Through PayPal in USD	962
Total income			15823
Expenditure	Modalities	Activity	Amount
Projects			
	Education Africa	Scholarship to Vulnerable Children	375
	Education Nepal	Scholarship to Orphan Children from Australia	7561
	Education Nepal	Scholarship to Orphan Children from the USA	1500
	Education Nepal	Scholarship to Orphan Children from Canada	750
	Empowerment Africa	Microfinance Project	300
	Condolence	Moral Support to Mourning Families	235
	Donation	Australian Farmers Victimised by Drought	300
	Fund Raising Multicultural Spiritual Program		
		Travel Air ticket for Pundit	219
		Hall for 3 Days	1100
		Puja, Bhedi and Dakshina	550
		Certificates and Tokens	250
		Refreshments and snacks	850
		Miscellaneous	150
Administrative			
	Printing	Banner	100
	Hosting	Website Host for 3 years	394
	Domain renewal	Web domain Renewal for 1 year	17
	Website	Website Design	200
	Bank	Fees	0
	Stationaries and Printing	Associate	0
	Fund transfer fees		0
	Book keeping	Year 2018	0
	Auditing	Year 2018	0
Total Expenditure			14851
BOOK CLOSE, YEAR ACTIVITY POSITIVE @ 972 AUD			



Future Strategy

1. Establish International Board of Directors for further coordination and collaboration
2. Promote and engage local communities in each country where the Foundation has its base
3. Recognise and promote youth creativity and products
4. Give continuity to current projects
5. Initiate health and relief projects



Annual Report Team

Dilasa Dhakal Report Compiler

*Recently we moved to Northeast Victoria. This kept my father busy and was struggling to spare time to write the annual report. Fortunately, I was done with my school academic year. I wanted to learn while lending my father a hand and volunteered to compile this draft report. To assemble this piece of work, I reviewed previous years' reports, surfed through the Foundation's webpages and got inputs from my parents. I have learnt a lot during this and I am proud to call myself one of the writers of **Punya Foundation Annual Report 2018**.*



Nawal Khatiwada, Artist

A registered nurse by profession, Nawal is one of the celebrated youth artists. His arts are based on real lifetime experiences and take abstract in their course. Nawal has been contributing an art for the Foundation's annual report since the last 6 years. The Foundation team expresses its gratefulness.

This year Nawal runs his brush with a theme community engagement. This is to symbolise and reflect Foundation's focus on community engagement in 2018. Five fingers with distinct yet blending array of colours coalesce into united and empowered hand symbolising individual's engagement and thereby empowerment.

The discrete portrayal of human silhouettes in this artwork represents diversity, but, one and together. The soothing colour combination gives tinge to the country of origin; however, amalgamates to **Punya Foundation's** logo and its mission.



Vidhyapati Mishra Designer

Mishra, who finds passion in graphics design, has been associated with the **Punya Foundation** right from its establishment. Currently, he also serves to **Punya Foundation US** board as General Secretary.

Based in Charlotte,

North Carolina, in the United States, Mishra practices real estate. He also practices journalism on voluntary basis being affiliated to **Bhutan News Service** and **Bhutan Media Society**.

Born in **Dagana Bhutan**, he spent around 21 years in the **Bhutanese refugee camps** in **Nepal**. After moving to the **U.S.** in 2013, Mishra earned an undergrad degree in **Mathematical Statistics**. Currently, he is pursuing his **Masters in Applied Statistics** from **University of North Carolina** at **Charlotte**.



- "Justice
- through
- Education
- and
- Empowerment"



ANNUAL REPORT 2018

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